

Heusden-Zolder; May 30, 2019**100 m, Men****Heat 1**

1	2329	Vranken Andreas	1993	DCLA	10.69	4.2
2	798	Saerens Maarten	2000	HAKI	10.92	4.2
3	3372	Mathijs Benjamien	1993	ACA	10.96	4.2
4	3041	Scheldeman Yestin	1991	RCG	10.97	4.2
5	789	Van Gestel Matthias	2001	ACHL	11.13	4.2
6	768	Malumgre Ward	2000	LOOI	11.18	4.2
7	2735	Schepers Arne	1999	AVT	11.29	4.2

Heat 2

1	531	Kerkhofs Niels	2001	AVT	10.91	2.0
2	2254	Hofmans Victor	1994	OLSE	10.91	2.0
3	3215	Motmans Glenn	1994	AVT	11.15	2.0
4	2963	De Pauw Brent	1993	ACHL	11.17	2.0
5	839	Buffel Simon	2001	RCG	11.18	2.0
6	3188	Roofthoof Andreas	1996	RCT	11.23	2.0
7	2614	Blokken Delsin	1999	GENK	11.69	2.0

Heat 3

1	477	Vergaelen Dries	2000	RCG	10.97	2.1
2	3511	Van Hecke Christophe	1991	EA	11.05	2.1
3	3326	Wagemans Soren	1997	VAC	11.09	2.1
4	2256	Calluy Dylan	1994	OLSE	11.13	2.1
5	2992	Renson Massimo	1996	FLAC	11.15	2.1
6	2544	Du Pan Tom	1989	ACME	11.28	2.1
7	1275	Sijbers Sasha	2004	SACN	11.88	2.1

100 m, Women**Heat 1**

1	482	Rosius Rani	2000	AVT	11.95	0.5
2	3826	Heyvaert Luca	2002	LEBB	12.42	0.5
3	2290	Hellemans Saskia	1996	VOLH	12.48	0.5



4	2018	Beylemans Laura	1997	ACME	12.49	0.5
5	2294	Stappers Flore	1995	FLAC	12.49	0.5
6	926	Kegels Margot	2001	VAC	12.99	0.5
7	1823	Broekhoven Saskia	1998	LOOI	13.89	0.5

Heat 2

1	646	Goossens Justine	2000	RCG	11.99	2.5
2	817	Vincke Rani	2000	HAC	12.03	2.5
3	2017	Beylemans Joke	1999	ACME	12.28	2.5
4	2535	Kassima Tabita	1996	BVAC	12.39	2.5
5	1556	Lammens Lisa	1998	ACME	12.68	2.5
6	1309	Heyvaert Ella	2005	LEBB	12.91	2.5
7	532	Hiel Emma	2001	LEBB	13.57	2.5

Heat 3

1	793	De Foer Lotte	2000	ACW	12.08	2.1
2	465	Van Lent Lotte	2001	AVZK	12.17	2.1
3	2481	Asomaning Stephanie	1990	KAAG	12.61	2.1
4	2165	Kinable Charlotte	1998	ROBA	12.71	2.1
5	2239	Coppenolle Emma	1996	DEIN	12.74	2.1
6	706	Vanderwegen Lore	2000	ROBA	12.90	2.1
7	2129	Mergan Tina	1999	LEBB	13.31	2.1
8	861	Vanhest Aukje	2001	LOOI	13.65	2.1

5000 m, Women

1	2093	Dalemans Eline	1991	AVLO	16.51.04
2	1790	Tack Lore	1987	BRAB	17.02.07
3	2042	Van Hese Charlotte	1995	AVLO	17.17.22
4	1570	Rooms Valerie	1996	LAT	17.20.23
5	2287	Smet Karolien	1985	VOLH	17.48.31
6	2226	Scheerens Elise	1994	LYRA	18.03.39
7	1590	De Schaepmeester Jolien	1997	RCG	18.10.16
8	2490	Vandemoortele Jolien	1996	HULS	18.30.87

Triple jump, Women

1	2230	Lenchant Sietske	1993	ROBA	12.57	2.0
2	512	Delbare Margot	2001	AVT	11.74	1.7
3	500	Vanhalst Sara	2001	DEIN	11.55	0.4



4	1803	Nijs Bo	1997	ATLA	11.40	2.0
5	3352	Vansimpsen Mirthe	2003	AVT	11.21	3.3
6	562	Hoobergs Fenne	2001	LOOI	10.92	3.1
7	624	Vercammen Anouck	2001	LOOI	10.85	1.2
8	425	Willems Frauke	2001	KAAG	10.79	3.4
9	696	D'Hoe Jelske	2000	VITA	10.32	1.6
10	1844	Vanden Nest Vicky	1997	LEBB	10.32	3.1
11	3944	Cardon Sofie	2003	VITA	10.23	2.5



5000 m, Men

1	3156	Sake Nicolai	1996	LYRA	14.49.60
2	2374	Van Der Kelen Ward	1994	EA	14.51.40
3	2876	Lunders Mats	1991	AVT	15.05.65
4	2177	Bierinckx Laurent	1995	ACHL	15.11.05
5	2510	Lammens Wouter	1994	DCLA	15.18.65
6	610	Rasschaert Bjarne	2000	RCG	15.20.85
7	2154	Sevenois Nathan	1996	STAX	15.32.00
8	525	Ferson Simon	2001	LOOI	15.34.49
9	562	Goossens Wouter	2001	EA	15.38.84
10	2272	Robben Tom	1995	TACT	15.42.75
11	5401	Van Lierde Philip	1977	OPW	15.44.06



200 m, Women

Heat 1

1	2391	Vervaet Imke	1993	RCG	23.73	1.5
2	646	Goossens Justine	2000	RCG	24.44	1.5
3	817	Vincke Rani	2000	HAC	24.62	1.5
4	2481	Asomaning Stephanie	1990	KAAG	25.30	1.5
5	2535	Kassima Tabita	1996	BVAC	25.55	1.5
6	1710	Horemans Jana	1999	VMOL	25.61	1.5
7	546	Van Der Meulen Cloe	2001	RCG	25.64	1.5

Heat 2

1	1869	Depuydt Manon	1997	ACME	23.61	2.9
2	1743	Claus Hanne	1999	AVMO	24.07	2.9
3	1752	Brosens Stefanie	1997	ATAC	24.58	2.9
4	793	De Foer Lotte	2000	ACW	25.07	2.9
5	1309	Van Der Vreken Lotte	2005	LEBB	25.35	2.9
6	2129	Mergan Tina	1999	LEBB	26.08	2.9
7	594	Heyvaert Ella	2001	ACW	26.15	2.9

Heat 3

1	1931	Mehuys Elise	1995	LYRA	23.75	1.9
2	1692	Duyck Charlotte	1997	DEIN	24.18	1.9
3	2017	Beylemans Joke	1999	ACME	24.95	1.9
4	3826	Heyvaert Luca	2002	LEBB	25.07	1.9
5	2018	Beylemans Laura	1997	ACME	25.42	1.9
6	2294	Stappers Flore - 91	1995	FLAC	25.99	1.9
7	2165	Kinable Charlotte	1998	ROBA	26.46	1.9
8	926	Kegels Margot	2001	VAC	26.46	1.9



Pole vault, Women

1	424	Vekemans Elien	2001	DCLA	4.00
2	410	Dadayeva Stefanie	2001	RCG	3.90
3	837	Morren Lise	2000	RCT	3.75
4	417	Hooyberghs Fleur	2001	ACHL	3.60
4	2445	Dhont Steffi	1992	AVLO	3.60
6	1892	De Baene Hanne	1998	OB	3.60
7	1615	Jansen Jana	1999	VMOL	3.60
8	2284	De Roeck Nelle	1993	VOLH	3.40
9	1922	Vanlangenaker Charlotte	2004	RCT	3.20

200 m, Men**Heat 1**

1	2340	Vleminckx Kobe	1998	ACHL	21.11	2.7
2	2256	Calluy Dylan	1994	OLSE	21.68	2.7
3	3511	Van Hecke Christophe	1991	EA	21.95	2.7
4	2735	Schepers Arne	1999	AVT	22.38	2.7
5	3372	Mathijs Benjamien	1993	ACA	22.55	2.7

Heat 2

1	2636	Verherstraeten Simon	1999	LYRA	21.77	3.4
2	2992	Renson Massimo	1996	FLAC	22.10	3.4
3	2963	De Pauw Brent	1993	ACHL	22.14	3.4
4	3146	De Kinder Jan	1997	LYRA	22.32	3.4
5	839	Buffel Simon	2001	RCG	22.63	3.4
6	3338	Felis Marten	1997	VAC	22.85	3.4

Heat 3

1	3479	Matthijs Arnout	1987	VOLH	21.48	2.5
2	2935	Doom Alexander	1997	AVR	21.75	2.5
3	3188	Roofthoof Andreas	1996	RCT	22.20	2.5
4	789	Van Gestel Matthias	2001	ACHL	22.45	2.5
5	768	Malumgre Ward	2000	LOOI	22.90	2.5

100 m hurdles, Women**Heat 1**

1	2393	Missinne Sarah	1995	KAAG	13.29	3.6
2	2553	Vidts Noor	1996	VAC	13.69	3.6
3	2338	Lammens Shari	1996	RCG	14.33	3.6
4	2431	Hooyberghs Elien	1995	VMOL	14.35	3.6
5	1795	Hermans Ine	1995	AVKA	14.46	3.6
6	2527	Oosterbos Lore	1994	AVT	14.73	3.6

Heat 2

1	784	Agwazie Angel	2001	AVLO	13.64	2.9
2	2309	Beaucarne Chloe	1997	FLAC	13.77	2.9
3	2255	De Meyer Caitlin	1999	ZWAT	14.36	2.9
4	536	Beck Lynn	2001	KAPE	14.39	2.9
5	1556	Lammens Lisa	1998	ACME	14.95	2.9
6	1698	Bellemans Inge	1995	ROBA	15.03	2.9

Hammer throw, Men

1	2786	Malengreaux Remi	1995	RCG	64.86	
2	2279	Vanbroekhoven Stef	1997	VMOL	61.75	
3	6375	De Wyngaert Walter	1970	ROBA	54.32	
4	3355	Gieghase Kobe	1998	VAC	52.75	
5	3221	Vercammen Stijn	1994	HAMM	48.05	
6	2549	Van Campenhout Jannick	1991	AVKA	43.40	
7	2164	Goossens Bjorn	1987	ACHL	42.21	
8	5881	Bruninx Geert	1983	ATLA	37.59	
9	6982	Snoeks Pascal	1971	SACN	28.98	

Triple jump, Men

1	2415	De Decker Bjorn	1989	WIBO	15.36	2.8
2	2851	De Leenheer Matthias	1991	AVLO	13.67	4.1
3	2416	De Decker Kristof	1991	WIBO	13.21	2.2
4	2938	Aubert Remko	1986	ROBA	13.08	1.9
5	660	Van Breemaat Jorn	2001	GENK	12.92	2.4
6	3314	Rombouts Pieter	2003	HAKI	12.37	3.1

Hammer throw, Women

1	2185	Sterckendries Vanessa	1995	OEH	67.05	
2	2409	Lagrou Ilke	1998	HAC	54.61	
3	2169	Lambrecht Nele	1996	MACW	47.23	



4	479	Vercruysse Evi	2001	DCLA	46.43
5	2502	Vanbaelenberghe Wege	1999	RCG	44.30
6	845	Dewulf Inez	2001	HAC	44.18
7	2425	Claes Evelyne	1998	RCT	43.12
8	698	Daems Lotte	2000	ZWAT	41.14
9	2283	Van Kemseke Jodie	1999	VOLH	40.80
10	766	Van Puyvelde Jana	2001	VOLH	40.66
11	656	Goossens Wiebe	2001	OLSE	37.60

Javelin throw, Women

1	1889	Meylemans Nele	1996	STAX	43.75
2	2230	Lenchant Sietske	1993	ROBA	43.49
3	931	Telemans Ann	2000	AVT	43.04
4	1730	De Pauw Yoika	1995	STAX	42.23
5	2307	Van Royen Carolien	1992	ACW	40.01
6	2265	Deschuytter Cato	1996	KAAG	39.94
7	2166	Umans Kirsten	1993	HAKI	39.92
8	2431	Hooyberghs Elien	1995	VMOL	38.75
9	3338	Smets Lotte	2002	TACT	36.20
10	2492	Dillen Himsha	1997	WIBO	34.87
11	405	De Blander Laura	2000	STAX	33.58
12	589	Van De Sande Amelie	2000	OB	29.71



Discus throw, Men

1	2310	Spilliaert Stijn	1993	HAMM	52.90
2	2204	Nys Edwin	1986	DCLA	52.59
3	3221	Vercammen Stijn	1994	HAMM	47.43
4	7219	Peetrain Filip	1974	OEH	46.19
5	3453	Truyts Timothy	1989	ACBR	44.15
6	3239	Wagemans Jarno	1989	HAMM	42.68
7	3029	Frijters Pieter	1990	LYRA	40.81
8	3233	Engels Lorenz	1986	VOLH	37.41
9	3290	Parmentier Thomas	1992	DEIN	32.28
10	455	Van Hautem Midas	2001	STAX	30.79

110 m hurdles, Men**Final**

1	3505	Maes Sander	1992	AVT	14.28	1.4
2	2822	Segers Senne	1995	LYRA	14.85	1.4
3	2999	Dumon Ewout	1995	KAAG	14.89	1.4
4	3524	Geuskens Willem	1995	LYRA	14.95	1.4
5	2401	Jacobs Sven	1997	EA	15.11	1.4
6	2950	Thiry Christophe	1996	DAC	15.23	1.4
7	3121	Ceulemans Yannick	1994	ACBR	16.01	1.4
8	2937	Ceulemans Seppe	1999	ROBA	16.25	1.4

100 m hurdles, Women**Final**

1	2393	Missinne Sarah	1995	KAAG	13.45	1.4
2	784	Agwazie Angel	2001	AVLO	13.68	1.4
3	2553	Vidts Noor	1996	VAC	13.71	1.4
4	2309	Beaucarne Chloe	1997	FLAC	13.76	1.4
5	2255	De Meyer Caitlin	1999	ZWAT	14.30	1.4
6	2338	Lammens Shari	1996	RCG	14.54	1.4
7	536	Beck Lynn	2001	KAPE	14.58	1.4
8	2431	Hooyberghs Elien	1995	VMOL	14.80	1.4

100 m, Men

Final						
1	2329	Vranken Andreas	1993	DCLA	10.58	2.6
2	531	Kerkhofs Niels	2001	AVT	10.84	2.6
3	798	Saerens Maarten	2000	HAKI	10.95	2.6
4	477	Vergaelen Dries	2000	RCG	10.96	2.6
5	3041	Scheldeman Yestin	1991	RCG	11.06	2.6
6	3372	Mathijs Benjamien	1993	ACA	11.11	2.6
7	3511	Van Hecke Christophe	1991	EA	11.13	2.6

100 m, Women

Final						
1	482	Rosius Rani	2000	AVT	11.77	1.0
2	817	Vincke Rani	2000	HAC	11.88	1.0
3	646	Goossens Justine	2000	RCG	11.95	1.0
4	793	De Foer Lotte	2000	ACW	12.12	1.0
5	2017	Beylemans Joke	1999	ACME	12.13	1.0
6	465	Van Lent Lotte	2001	AVZK	12.20	1.0
7	3826	Heyvaert Luca	2002	LEBB	12.26	1.0
8	2535	Kassima Tabita	1996	BVAC	12.42	1.0



1500 m, Women

1	1557	Schaeverbeke Axana	1995	ACME	4.39.81
2	1886	Schreurs Anne	1992	GENK	4.40.48
3	2048	Van Boxstael Birgit	1988	EA	4.45.80
4	1377	Enkels Hannah	2005	LOOI	4.45.91
5	1609	Lauwers Sofie	1991	RAM	4.48.84
6	480	Lemmens Britt	2001	AVT	4.49.48
7	2584	Pinter Eline	1996	ACME	4.50.99
8	1454	Vervoort Charlotte	2004	LYRA	4.51.75
9	2059	Hens Evy	1991	ROBA	4.53.12
10	1843	Meert Soraya	1993	LEBB	4.54.27
11	4124	Rahme Mona	1978	DCLA	4.56.11
12	3669	Bicker Janne	2002	ABES	4.57.20
13	1939	Pollentier Jelena	1997	HCO	5.04.78
14	2395	Van Laethem Delphine	1995	LEBB	5.06.16
15	1551	Waerzeggers Bridey	1998	ACKO	5.16.69
16	1147	Mertens Hasse	2004	LAT	5.27.25

1500 m, Men

1	2225	Valgaeren Sam	1990	HULS	3.53.85
2	2413	Van Schoubroeck Jonas	1992	ARAC	3.54.58
3	735	Dewulf Lennert	2001	RCG	3.56.71
4	2695	Aerssens Dieter	1995	DCLA	3.57.07
5	2206	Van Der Burgt Thijs	1994	RCG	3.58.11
6	602	Claesen Aron	2001	ATLA	4.03.38
7	469	Pauwels Thomas	2000	KAAG	4.08.74
8	484	Van Den Schoor Senne	2001	AVZK	4.14.83
9	2800	Gijbels Joas	2002	AVT	4.15.94

High jump, Women

1	831	Goossens Zita	2000	DEIN	1.75
2	3488	Van Den Brande Laura	2003	AVKA	1.68
2	1976	Canters Gretel	1999	AVT	1.68
4	3496	Cicilia Rune	2002	ATLA	1.60
5	415	Coene Jacey	2001	SACN	1.60
6	2388	Vankerckhoven Sarah	1995	SPBO	1.55
7	603	Algoet Britt	2001	HCO	1.55
7	1079	Drijkoningen Mirthe	2004	BREE	1.55



3000 m steeple, Men

1	519	Vanderpoorten Marco	2000	HAMM	9.33.86
2	2710	Winderickx Ruben	1994	AVT	9.43.81
3	2271	Robben Simon	1999	TACT	9.54.78
4	5682	Hendrickx Wannas	1978	VMOL	11.01.65

Long jump, Women

1	2553	Vidts Noor	1996	VAC	6.06	1.8
2	1752	Brosens Stefanie	1997	ATAC	5.97	3.4
3	1803	Nijs Bo	1997	ATLA	5.93	2.1
4	2239	Coppenolle Emma	1996	DEIN	5.63	2.0
5	1795	Hermans Ine	1995	AVKA	5.59	2.6
6	2262	Tessens Helena	1995	LYRA	5.25	2.3
7	695	Geerts Sien	2001	LYRA	5.22	1.0
8	1844	Vanden Nest Vicky	1997	LEBB	4.91	2.8
9	603	Algoet Britt	2001	HCO	4.81	3.4
10	810	Debrock Elise	2001	AVT	4.74	2.4



3000 m steeple, Women

1	1747	Speelman-Rooms Femke	1999	ATAC	11.07.77
2	1768	Van Hoorebeke Jolien	1994	RIEM	11.10.97
3	476	Hellings Nienke	2001	AVT	11.15.92
4	2004	Meylaers Antse	1999	AVT	11.31.13
5	576	Spiessens Jana	2001	SPBO	12.52.76
6	514	Hernes Ilona	2001	AVT	14.01.27

800 m, Women

1	1841	Hellinckx Lotte	1995	LEBB	2.12.54
2	1055	Kluskens Jana	2004	LAT	2.13.53
3	1762	Cornelis Jacintha	1998	RIEM	2.14.60
4	1054	Kluskens Elena	2004	LAT	2.18.00
5	1356	Peusens Fien	2004	ATLA	2.18.48
6	1558	De Meyer Jolien	1993	RCG	2.18.87
7	2117	Decorte Maloe	1993	ASVO	2.25.80
8	3480	Serre Sofie	2003	LOOI	2.28.78
9	3358	Meeus Marthe	2002	ARAC	2.29.69
10	3854	De Bock Marie	2002	VOLH	2.29.97

Pole vault, Men

1	2199	Broeders Ben	1995	DCLA	5.58
2	2190	Ausloos Frederik	1996	DCLA	5.00
3	2326	Van Nuffelen Thomas	1998	DCLA	5.00
4	3435	Vanlangenaker Jules	2002	RCT	4.80

Shot put, Women

1	1730	De Pauw Yoika	1995	STAX	13.52
2	420	Defrere Elena	2001	DCLA	13.44
3	1564	Helsen Elise	1998	ACHL	13.32
4	3756	Verlinden Sophie	1979	WIBO	12.24
5	851	Savelkouls Mila	2000	ATLA	11.97
6	2557	Vanthillo Lynn	1989	ACBR	11.59
7	698	Daems Lotte	2000	ZWAT	11.37
8	647	Pieri Axelle	2001	ATLA	10.92
9	543	Daniels Liene	2001	ATLA	10.32
10	2550	Vervaet Paulien	1994	VOLH	10.16



800 m, Men

1	2593	Schockaert Laurens	1990	LAT	1.56.67
2	3264	Van Laethem Gaetan	1997	LEBB	1.56.80
3	568	Van Looy Ruben	2001	ARAC	1.57.58
4	502	Vanherck Jorne	2000	VMOL	1.57.96
5	3437	Dierckx Toon	1987	VOLH	1.58.42
6	2798	Duijsters Goran	2002	AVT	1.58.59
7	3085	Beckers Wim	1998	AVT	1.59.76
8	2440	De Proft Michiel	1990	LEBB	2.00.89
9	2597	De Backer Gerben	1995	LAT	2.01.99
10	767	Verheijen Robbe	2001	LOOI	2.02.23
11	2437	Boeykens Arne	1997	LAT	2.03.53
12	2289	Roosenboom Bryan	1993	LAT	2.18.45

200 m, Women**Final**

1	2391	Vervet Imke	1993	RCG	23.24	3.2
2	1931	Mehuys Elise	1995	LYRA	23.54	3.2
3	1869	Depuydt Manon	1997	ACME	23.57	3.2
4	1692	Duyck Charlotte	1997	DEIN	23.77	3.2
5	1743	Claus Hanne	1999	AVMO	24.07	3.2
6	1752	Brosens Stefanie	1997	ATAC	24.45	3.2
7	817	Vincke Rani	2000	HAC	24.95	3.2

Javelin throw, Men

1	2956	Herman Timothy	1990	ACME	80.48
2	845	Sorgeloos Cedric	2000	ACW	78.10
3	599	Wildemeersch Robbe	2000	ACME	66.93
4	3123	Van Den Bosch Vincent	1989	BRAB	66.80
5	3164	Mory Niel	1999	OEH	64.44
6	2198	Broeders Arne	1993	DCLA	63.44
7	3433	Duchateau Jarne	1996	BRAB	63.00
8	3587	Meeusen Dries	1996	WIBO	60.94
9	2699	Grobbel Jacob	1998	DCLA	58.98
10	2675	Bogaerts Jonas	1994	LEBB	58.26
11	746	De Block Ward	2001	ACW	53.39
12	2626	Maes Michiel	1999	AVMO	52.94



200 m, Men

Final

1	2340	Vleminckx Kobe	1998	ACHL	21.23	2.1
2	2636	Verherstraeten Simon	1999	LYRA	21.65	2.1
3	2935	Doom Alexander	1997	AVR	21.66	2.1
4	3479	Matthijs Arnout	1987	VOLH	21.72	2.1
5	2256	Calluy Dylan	1994	OLSE	22.06	2.1
6	2992	Renson Massimo	1996	FLAC	22.13	2.1

Long jump, Men

1	3147	Broothaerts Mathias	1994	LYRA	7.41	no data
2	2731	Annys Nicolas	1994	AVKA	7.00	no data
3	2851	De Leenheer Matthias	1991	AVLO	6.84	no data
4	812	Vandersteen Yente	2000	AVT	6.69	no data
5	2788	Coene Lars	2002	KAAG	6.66	no data
6	2675	Bogaerts Jonas	1994	LEBB	6.45	no data
7	2937	Ceulemans Seppe	1999	ROBA	6.45	no data
8	964	Colignon Tim	2001	VAC	6.24	no data
9	1275	Sijbers Sasha	2004	SACN	6.12	no data



400 m, Women

Heat 1

1	1639	Van Der Gaast Lore	1997	AVT	58.87
2	2156	Flossy Stien	1998	RCT	59.26
3	2454	Degreve Robin	1997	OEH	59.32
4	3548	Biesemans Fien	2003	SPBO	60.00
5	1734	Jules Segers Liene	1993	ARAC	60.10
6	1684	Van De Velde Sofie	1998	DUFF	60.33
7	535	Uyttersprot Emma	2001	LEBB	67.46

Heat 2

1	2420	Gaye Kine	1998	RCG	54.63
2	604	Ponette Helena	2000	HCO	55.50
3	1716	Rossaert Mireille	1990	ACW	56.46
4	2348	Rossaert Isaura	1992	ACW	57.01
5	2020	Valck Maury	1997	RCG	57.28
6	1615	Jansen Jana	1999	VMOL	58.25
7	1601	Bruyneel Helen	1991	AZW	59.04
8	1674	Voet Enya	1992	DCLA	59.61

400 m, Men

Heat 1

1	861	Plasschaert Cobe	2000	VOLH	51.50
2	793	Heylen Robbert	2000	LIER	51.78
3	855	Veroft Reidar	2001	ABES	52.25
4	2360	Bellemans Koen	1993	ROBA	52.30
5	3422	Claes Kobe	1994	AVT	52.93
6	3088	Latinne Reynaldo	1992	AVT	55.20

Heat 2

1	3385	Van De Voorde Gerben	1990	ACW	50.38
2	3040	Renders Robbe	1997	ARAC	50.43
3	3043	Van Herck Yoni	1993	ARAC	51.03
4	2574	Vanattenhoven Matthias	1992	DCLA	51.62
5	3242	Lemouche Lindert	1997	LYRA	51.63
6	3184	Pieters Christof	1986	ACW	51.92



7	2804	Roelants Warre	2002	ALVA	52.86
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Heat 3

1	2294	Vrijzen Vincent	1989	AVT	49.06
2	2634	Iguacel Christian	1996	LYRA	49.08
3	3384	Rossaert Michael	1995	ACW	49.32
4	2774	Dotremont Kevin	1995	DCLA	49.58
5	690	De Neef Milan	2001	ROBA	50.14
6	2473	Monserrez Dylan	1997	KKS	50.16
7	3489	Laporte Vincent	1997	AVZK	50.63

High jump, Men

1	3256	Jacobs Brett	1994	AVZK	2.04
2	2247	Verdonck Emile	1995	AZW	2.04
3	3290	Parmentier Thomas	1992	DEIN	1.95
4	2401	Jacobs Sven	1997	EA	1.95
5	918	Vermeiren Jef	2000	ACHL	1.95
6	3070	Versmissen Bart	1987	VMOL	1.95
7	817	Mareels Milan	2001	OLSE	1.90
8	2891	Annaert Wouter	1994	AVT	1.85

Shot put, Men

1	2630	Quintelier Matthias	1997	AVKA	17.35
2	2310	Spilliaert Stijn	1993	HAMM	16.41
3	3410	Vlassak Max	1997	ATLA	16.37
4	3239	Wagemans Jarno	1989	HAMM	15.96
5	2837	Van Waes Brecht	1995	AVLO	15.51
6	3453	Truyts Timothy	1989	ACBR	14.56
7	3029	Frijters Pieter	1990	LYRA	14.26
8	3394	Van Steen Joannes	1995	VOLH	14.13
9	2327	Verbeylen Kasper	1999	DCLA	13.96
10	2549	Van Campenhout Jannick	1991	AVKA	13.82
11	3505	Maes Sander	1992	AVT	13.23
12	455	Van Hautem Midas	2001	STAX	10.56



400 m hurdles, Women

Heat 1

1	2518	Vandorpe Axelle	1995	AVLO	62.73
2	2151	Schets Kjenta	1997	OEH	63.30
3	731	Cromphout Martha	2001	VAC	66.64
4	641	Vierendeels Loike	2001	LEBB	66.77
5	3507	Lejon Helene	2002	SPBO	68.34
6	2207	Verstraete Charlie	1997	FLAC	70.46
7	861	Vanhest Aukje	2001	LOOI	79.25

Heat 2

1	1650	Vanbesien Flavie	1995	FLAC	60.54
2	1842	Tchimou Benedikt	1999	RAM	60.98
3	2466	Dewyngaert Paulien	1997	ROBA	61.89
4	1764	Hemeloet Lara	1996	RIEM	62.48
5	508	Thyssen Lisse	2001	ACW	62.63
6	2524	Kisoka Peguy	1997	ZWAT	63.41
7	2329	De Win Dinja	1991	DAC	65.22

400 m hurdles, Men

Heat 1

1	3077	De Meulemeester Ben	1999	ZWAT	56.95
2	2408	Lanssens Michiel	1995	AVT	57.90
3	941	Van Put Vincent	2001	ZWAT	58.11
4	732	De Schryver Christophe	2001	VAC	58.44
5	3259	Zephirin Joachim	1985	KKS	59.27
6	2172	Lockefeer Quinten	1999	LAT	62.60

Heat 2

1	2892	Owusu Dylan	1997	RCG	51.05
2	3097	Stroobants Jori	1989	VITA	51.98
3	2680	Bras Tuur	1999	OEH	52.93
4	2747	Van Oost Loic	1995	AVR	54.23
5	2777	Hanjoul Denis	1991	DCLA	54.99
6	2931	Peeters Dries	1999	ACBR	55.13



Discus throw, Women

1	2240	Hellebuyck Anouska	1989	DEIN	49.82
2	851	Savelkouls Mila	2000	ATLA	47.04
3	420	Defrere Elena	2001	DCLA	46.54
4	2149	Boldrini Simona	1986	OEH	44.78
5	1580	Emmerzaal Jill	1990	DCLA	42.84
6	761	Naudts Anke	2001	VOLH	41.42
7	2557	Vanthillo Lynn	1989	ACBR	39.48
8	543	Daniels Liene	2001	ATLA	38.01
9	647	Pieri Axelle	2001	ATLA	37.58
10	1922	Vanlangenaker Charlotte	2004	RCT	36.99
11	1689	De Busscher Jana	1996	DEIN	34.81
12	1865	Peeters Nele	1997	AVKA	34.19

