

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|-----------------|-----|-----------|--------------------|----------|-------|--------|
| 1 | 698 | Laureys | Kenneth | Morkhoven | M1 | SEN | DRT De Dorpspomp | 00:16:58 | 18.04 | 03:19 |
| 2 | 599 | Lunders | Nico | Lier | M2 | MAS+35 | AVLL | 00:17:10 | 17.83 | 03:21 |
| 3 | 734 | Volders | Jasper | Laakdal | M3 | SEN | | 00:17:13 | 17.77 | 03:22 |
| 4 | 626 | Helsen | Michel | Rillaar | M4 | MAS+40 | | 00:17:23 | 17.6 | 03:24 |
| 5 | 618 | Van De Gaer | Wesley | Tessengerlo-Ham | M5 | MAS+45 | SQM Running Team | 00:17:42 | 17.29 | 03:28 |
| 6 | 718 | Van Doren | Nick | Aarschot | M6 | SEN | | 00:18:10 | 16.84 | 03:33 |
| 7 | 680 | Cumps | Stan | Ramsel | M7 | SEN | | 00:18:31 | 16.53 | 03:37 |
| 8 | 564 | Lauwen | Gino | Westerlo | M8 | MAS+45 | | 00:18:41 | 16.38 | 03:39 |
| 9 | 573 | Raus | Nyaz | Westerlo | M9 | CAD | ACHL | 00:18:42 | 16.36 | 03:40 |
| 10 | 759 | Vanden Bosch | Bart | Holsbeek | M10 | SEN | Kapsalon Luc | 00:18:43 | 16.35 | 03:40 |
| 11 | 558 | De Winter | Brent | Westerlo | M11 | SEN | Westfit | 00:18:45 | 16.32 | 03:40 |
| 12 | 612 | Van Santvoort | Thibo | Zoerle-Parwijs | M12 | CAD | De Dorpspomp | 00:19:02 | 16.08 | 03:43 |
| 13 | 761 | Crabbé | Bart | Ramsel | M13 | MAS+35 | Forza Osschot | 00:19:07 | 16.01 | 03:44 |
| 14 | 682 | Schepers | Davy | Herselt | M14 | MAS+40 | | 00:19:14 | 15.91 | 03:46 |
| 15 | 677 | Spiessens | Vic | Ramsel | M15 | SEN | Bierse Toogzone | 00:19:17 | 15.87 | 03:46 |
| 16 | 598 | Vermeulen | Maarten | Westerlo | M16 | SEN | AC Westerlo | 00:19:18 | 15.85 | 03:47 |
| 17 | 597 | De Cock | Nico | Baal | M17 | MAS+50 | | 00:19:28 | 15.72 | 03:49 |
| 18 | 634 | Laeremans | Tybe | Herselt | M18 | SCH | | 00:19:34 | 15.64 | 03:50 |
| 19 | 561 | Helsen | Vic | Herselt | M19 | SCH | SILA Westerlo | 00:19:36 | 15.61 | 03:50 |
| 20 | 665 | Goovaerts | Sven | Langdorp | M20 | MAS+35 | ACT | 00:19:52 | 15.4 | 03:53 |
| 21 | 691 | Rens | Lenn | Hulshout | M21 | CAD | AC Hulshout | 00:19:52 | 15.4 | 03:53 |
| 22 | 752 | Serré | Stef | Heist o/d Berg | M22 | SEN | | 00:19:56 | 15.35 | 03:54 |
| 23 | 615 | Nees | Tom | Herselt | M23 | MAS+40 | Ter Veste | 00:20:03 | 15.26 | 03:55 |
| 24 | 670 | Goedhuys | Toon | Langdorp | M24 | CAD | ROBA Diest | 00:20:04 | 15.25 | 03:56 |
| 25 | 621 | Serneels | Vic | Herselt | M25 | MIN | ACHL Tongerlo | 00:20:09 | 15.19 | 03:57 |
| 26 | 632 | Gevaert | Thor | Herselt | M26 | CAD | Site-A | 00:20:17 | 15.09 | 03:58 |
| 27 | 608 | Van Gorp | Yves | Testelt | M27 | MAS+40 | | 00:20:25 | 14.99 | 04:00 |
| 28 | 712 | Mertens | Rube | Langdorp | M28 | SCH | Site A | 00:20:29 | 14.94 | 04:00 |
| 29 | 690 | Rens | Luk | Hulshout | M29 | MAS+45 | AC Hulshout | 00:20:33 | 14.89 | 04:01 |
| 30 | 639 | Cloots | Michaël | Westerlo | M30 | MAS+35 | | 00:20:34 | 14.88 | 04:01 |
| 31 | 683 | Adriaenssen | Jan | Herselt | M31 | MAS+40 | Ter Veste | 00:20:35 | 14.87 | 04:02 |
| 32 | 641 | Van Wolputte | Luc | Westerlo | M32 | MAS+55 | | 00:20:37 | 14.84 | 04:02 |
| 33 | 726 | Coenen | Emily | Nieuwrode | V1 | MAS+40 | ROBA | 00:20:40 | 14.81 | 04:03 |
| 34 | 672 | Korthout | Tim | Geel | M33 | MAS+35 | | 00:20:46 | 14.74 | 04:04 |
| 35 | 606 | Lemmens | Steve | Langdorp | M34 | MAS+50 | AVZK | 00:20:51 | 14.68 | 04:05 |
| 36 | 596 | Turelinckx | Kobe | Veerle | M35 | SCH | Campus Russelberg | 00:20:52 | 14.66 | 04:05 |
| 37 | 676 | Theys | Finne | Morkhoven | V2 | CAD | AC Hulshout | 00:21:03 | 14.54 | 04:07 |
| 38 | 743 | Korthout | Nils | Tessengerlo | M36 | MAS+35 | | 00:21:06 | 14.5 | 04:08 |
| 39 | 678 | Van den Heuvel | Jelko | Ramsel | M37 | JUN | | 00:21:11 | 14.45 | 04:09 |
| 40 | 687 | Vangeel | Floran | Herselt | M38 | SCH | | 00:21:15 | 14.4 | 04:10 |
| 41 | 631 | Van Rensbergen | Thomas | Herselt | M39 | MAS+40 | Pacers of Darkness | 00:21:17 | 14.38 | 04:10 |
| 42 | 732 | Willemsen | Lies | Noorderwijk | V3 | MAS+40 | Move 'n More | 00:21:19 | 14.35 | 04:10 |
| 43 | 751 | Vankerkhoven | Jimmie | Eindhout | M40 | MAS+45 | ACHL Westerlo | 00:21:20 | 14.34 | 04:10 |
| 44 | 740 | Laureys | Daan | Aarschot | M41 | CAD | KFC Houtvenne | 00:21:23 | 14.31 | 04:11 |
| 45 | 651 | Van Roy | Tristan | Herselt | M42 | SEN | Peakpower | 00:21:25 | 14.29 | 04:11 |
| 46 | 572 | Raus | Nicky | Westerlo | M43 | MAS+40 | ACHL | 00:21:27 | 14.27 | 04:12 |
| 47 | 784 | Stijnen | Katrien | Herselt | V4 | MAS+45 | | 00:21:33 | 14.2 | 04:13 |
| 48 | 657 | Van den Broeck | Jelle | Laakdal | M44 | MAS+40 | | 00:21:34 | 14.19 | 04:13 |
| 49 | 638 | Marteleur | Mischa | Langdorp | M45 | MAS+50 | Sportive Bike Team | 00:21:36 | 14.17 | 04:14 |
| 50 | 700 | Nys | Nick | Aarschot | M46 | SEN | | 00:21:38 | 14.14 | 04:14 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|----------------|-----|-----------|-------------------------|----------|-------|--------|
| 51 | 697 | Juveyns | Myriam | Aarschot | V5 | MAS+50 | ROBA | 00:21:44 | 14.08 | 04:15 |
| 52 | 625 | Helsen | Liene | Rillaar | V6 | CAD | | 00:21:57 | 13.94 | 04:18 |
| 53 | 570 | Putseys | Raf | Rotselaar | M47 | MAS+45 | | 00:22:14 | 13.76 | 04:21 |
| 54 | 584 | Vanden Bosch | Rudy | Holsbeek | M48 | MAS+60 | Kapsalon Luc | 00:22:21 | 13.69 | 04:22 |
| 55 | 721 | Saenen | Diëgo | Scherpenheuvel | M49 | MAS+35 | | 00:22:28 | 13.62 | 04:24 |
| 56 | 568 | Nijs | Matthias | Ramsel | M50 | SEN | | 00:22:39 | 13.51 | 04:26 |
| 57 | 552 | Bastiaens | Nancy | Hulshout | V7 | MAS+45 | AC Hulshout | 00:22:40 | 13.5 | 04:26 |
| 58 | 569 | Op de Beeck | Werner | Ramsel | M51 | MAS+45 | Badmutsen | 00:22:41 | 13.49 | 04:26 |
| 59 | 770 | Peetermans | Oliver | Aarschot | M52 | MIN | RWL sport | 00:22:50 | 13.4 | 04:28 |
| 60 | 662 | Verherstraeten | Nick | Testelt | M53 | MAS+35 | De Dorpspomp | 00:22:53 | 13.37 | 04:29 |
| 61 | 789 | Boexstaens | Mathis | Herselt | M54 | JUN | KFC Herselt | 00:22:57 | 13.33 | 04:30 |
| 62 | 788 | Joris | Ryan | Westerlo | M55 | SCH | KFC Herselt | 00:22:58 | 13.32 | 04:30 |
| 63 | 724 | Cuypers | Arne | Herselt | M56 | SEN | | 00:22:59 | 13.31 | 04:30 |
| 64 | 648 | Valgaeren | Thibau | Westerlo | M57 | MIN | VBS Bergom | 00:23:01 | 13.29 | 04:30 |
| 65 | 768 | Sterckx | Miel | Herselt | M58 | MIN | School Bergom | 00:23:04 | 13.27 | 04:31 |
| 66 | 767 | De Wever | Stef | Heist o/d Berg | M59 | MAS+45 | RTT | 00:23:05 | 13.26 | 04:31 |
| 67 | 802 | Corthout | Tom | Begijnendijk | M60 | MAS+50 | ROBA | 00:23:06 | 13.25 | 04:31 |
| 68 | 611 | Debie | Mathias | Wolfsdonk | M61 | SEN | Slagerij Debie Averb... | 00:23:10 | 13.21 | 04:32 |
| 69 | 656 | Witters | Patrick | Heist o/d Berg | M62 | MAS+55 | Berglopers | 00:23:12 | 13.19 | 04:32 |
| 70 | 601 | Van Bael | Laurenz | Westerlo | M63 | MAS+35 | De Dorpspomp | 00:23:12 | 13.19 | 04:32 |
| 71 | 588 | Verbeeren | Alison | Ramsel | V8 | SEN | | 00:23:15 | 13.16 | 04:33 |
| 72 | 796 | Van Leemputte | Senne | Herselt | M64 | SEN | Bar Alba | 00:23:17 | 13.14 | 04:33 |
| 73 | 622 | Stremersch | Danny | Herselt | M65 | MAS+60 | | 00:23:18 | 13.13 | 04:34 |
| 74 | 660 | Verlinden | Rik | Herselt | M66 | PUP | AC Hulshout | 00:23:21 | 13.1 | 04:34 |
| 75 | 741 | Stevens | Tom | Wiekevorst | M67 | SEN | | 00:23:26 | 13.06 | 04:35 |
| 76 | 636 | Waegemans | Joghen | Hulshout | M68 | MAS+50 | AC Hulshout | 00:23:39 | 12.94 | 04:38 |
| 77 | 755 | Dox | Sybe | Herselt | M69 | SCH | KFC Herselt | 00:23:42 | 12.91 | 04:38 |
| 78 | 799 | Laeremans | Tom | Herselt | M70 | MAS+50 | | 00:23:43 | 12.9 | 04:39 |
| 79 | 669 | Fonteyn | Davy | Testelt | M71 | MAS+35 | | 00:23:44 | 12.89 | 04:39 |
| 80 | 629 | Depré | Jan | Hasselt | M72 | MAS+55 | | 00:23:47 | 12.87 | 04:39 |
| 81 | 610 | Debie | Thomas | Okselaar | M73 | SEN | Slagerij Debie | 00:23:49 | 12.85 | 04:40 |
| 82 | 765 | Follen | Lars | Ramsel | M74 | CAD | | 00:23:51 | 12.83 | 04:40 |
| 83 | 744 | Wijns | Geert | Schriek | M75 | MAS+50 | CONCAP | 00:23:53 | 12.81 | 04:40 |
| 84 | 640 | Claes | Evy | Westerlo | V9 | MAS+35 | | 00:23:56 | 12.79 | 04:41 |
| 85 | 769 | Peetermans | Nicky | Langdorp | M76 | MAS+45 | RTT | 00:23:58 | 12.77 | 04:41 |
| 86 | 791 | Vantongelen | Mats | Rillaar | M77 | MIN | | 00:24:02 | 12.73 | 04:42 |
| 87 | 555 | Caems | Philip | Herselt | M78 | MAS+45 | WVR Energietechnie... | 00:24:04 | 12.71 | 04:43 |
| 88 | 766 | De Wever | Pol | Heist o/d Berg | M79 | MIN | AVZK | 00:24:07 | 12.69 | 04:43 |
| 89 | 577 | Van den Acker | Paul | Heist o/d Berg | M80 | MAS+65 | AVZK | 00:24:12 | 12.64 | 04:44 |
| 90 | 779 | Gybels | Simon | Herselt | M81 | CAD | | 00:24:14 | 12.63 | 04:45 |
| 91 | 800 | Vantongelen | Tieme | Rillaar | M82 | PUP | | 00:24:18 | 12.59 | 04:45 |
| 92 | 684 | Adriaenssen | Senne | Herselt | M83 | MIN | Ter Veste | 00:24:21 | 12.57 | 04:46 |
| 93 | 661 | Vermeulen | Eddy | Westerlo | M84 | MAS+65 | KWB Bergom | 00:24:22 | 12.56 | 04:46 |
| 94 | 719 | Van der Veken | Ruben | Herselt | M85 | SEN | | 00:24:33 | 12.46 | 04:48 |
| 95 | 600 | Rits | Mario | Hulshout | M86 | MAS+50 | Berglopers | 00:24:39 | 12.41 | 04:50 |
| 96 | 663 | Vanhaesebrouck | Felix | Herselt | M87 | CAD | KFC Herselt | 00:24:46 | 12.36 | 04:51 |
| 97 | 725 | Wijns | Pascal | Schriek | M88 | SEN | CONCAP | 00:24:47 | 12.35 | 04:51 |
| 98 | 579 | Van Dingenen | Filip | Herselt | M89 | MAS+45 | Ter Veste | 00:24:49 | 12.33 | 04:51 |
| 99 | 602 | Haeseldonckx | Kaat | Geel | V10 | CAD | ACHL | 00:24:51 | 12.31 | 04:52 |
| 100 | 627 | Pauwels | Gorik | Herselt | M90 | MIN | | 00:24:52 | 12.31 | 04:52 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|----------------|------|-----------|-----------------------|----------|-------|--------|
| 101 | 902 | Vantongelen | Kim | Rillaar | M91 | MAS+40 | | 00:24:54 | 12.29 | 04:52 |
| 102 | 620 | Van Hove | Emma | Herselt | V11 | PUP | AC Hulshout | 00:24:56 | 12.27 | 04:53 |
| 103 | 593 | Witvrouwen | Matteo | Herselt | M92 | PUP | ACHL | 00:24:57 | 12.26 | 04:53 |
| 104 | 785 | Van de Weyer | Juul | Laakdal | M93 | CAD | Sila Westel | 00:25:00 | 12.24 | 04:54 |
| 105 | 679 | Dupont | Wanne | Herselt | M94 | BEN | Ter Veste | 00:25:01 | 12.23 | 04:54 |
| 106 | 693 | Pauwels | Dean | Heist o/d Berg | M95 | PUP | AC Hulshout | 00:25:02 | 12.22 | 04:54 |
| 107 | 692 | Pauwels | Tom | Heist o/d Berg | M96 | MAS+45 | AC Hulshout | 00:25:03 | 12.22 | 04:54 |
| 108 | 673 | De Cock | Jasper | Herselt | M97 | SEN | | 00:25:05 | 12.2 | 04:55 |
| 109 | 792 | Hendrickx | Bram | Langdorp | M98 | SEN | | 00:25:06 | 12.19 | 04:55 |
| 110 | 705 | Tubbax | Tim | Herselt | M99 | MAS+45 | | 00:25:07 | 12.18 | 04:55 |
| 111 | 720 | Van der Veken | Tessa | Herselt | V12 | SEN | | 00:25:09 | 12.17 | 04:55 |
| 112 | 787 | Lellieu | Jochem | Begijnendijk | M100 | MAS+50 | | 00:25:11 | 12.15 | 04:56 |
| 113 | 707 | Wouters | Wout | Tremelo | M101 | JUN | Bowlingcenter Tremelo | 00:25:18 | 12.09 | 04:57 |
| 114 | 774 | Brasseur | Jesse | Beerzel | M102 | MIN | | 00:25:20 | 12.08 | 04:58 |
| 115 | 614 | Nees | Flor | Herselt | M103 | MIN | Ter Veste | 00:25:21 | 12.07 | 04:58 |
| 116 | 772 | Van Loy | Karen | Beerzel | V13 | MAS+45 | | 00:25:21 | 12.07 | 04:58 |
| 117 | 571 | Putseys | Tom | Rotselaar | M104 | CAD | | 00:25:31 | 11.99 | 05:00 |
| 118 | 624 | Celen | Coleta | Herselt | V14 | MAS+35 | | 00:25:44 | 11.89 | 05:02 |
| 119 | 623 | Leys | Sam | Herselt | M105 | MAS+35 | | 00:25:45 | 11.88 | 05:02 |
| 120 | 793 | Sijmus | Willy | Keerbergen | M106 | MAS+70 | | 00:25:46 | 11.88 | 05:03 |
| 121 | 587 | Veltmans | Roel | Schriek | M107 | MAS+35 | KSV Schriek | 00:25:48 | 11.86 | 05:03 |
| 122 | 559 | Delmé | Noor | Ramsel | V15 | MIN | De Bolster | 00:25:49 | 11.85 | 05:03 |
| 123 | 653 | Saenen | Johan | Heist o/d Berg | M108 | MAS+55 | HBL | 00:25:57 | 11.79 | 05:05 |
| 124 | 781 | Van Dyck | Lise | Wolfsdonk | V16 | SEN | | 00:26:01 | 11.76 | 05:06 |
| 125 | 701 | Lelièvre | Mathis | Westerlo | M109 | PUP | | 00:26:02 | 11.75 | 05:06 |
| 126 | 723 | Delen | Jules | Westerlo | M110 | CAD | Sila Westerlo | 00:26:05 | 11.73 | 05:06 |
| 127 | 685 | Dox | Senne | Herselt | M111 | CAD | KVC Herselt | 00:26:09 | 11.7 | 05:07 |
| 128 | 689 | Serneels | Davy | Ramsel | M112 | MAS+45 | | 00:26:16 | 11.65 | 05:09 |
| 129 | 747 | D'Hoker | Frederik | Ramsel | M113 | MAS+50 | | 00:26:17 | 11.64 | 05:09 |
| 130 | 619 | Van Hove | Marie | Herselt | V17 | PUP | AC Hulshout | 00:26:20 | 11.62 | 05:09 |
| 131 | 760 | Smolders | Daan | Herselt | M114 | MIN | | 00:26:22 | 11.61 | 05:10 |
| 132 | 794 | Thys | Robbe | Westerlo | M115 | MIN | ACHL Tongerlo | 00:26:24 | 11.59 | 05:10 |
| 133 | 737 | Smolders | Ronny | Herselt | M116 | MAS+65 | | 00:26:25 | 11.58 | 05:10 |
| 134 | 706 | Brands | Yelena | Herselt | V18 | SEN | | 00:26:27 | 11.57 | 05:11 |
| 135 | 711 | Op de Beeck | Stijn | Ramsel | M117 | MAS+45 | Berglopers | 00:26:32 | 11.53 | 05:12 |
| 136 | 556 | Cuypers | Basiel | Westerlo | M118 | PUP | | 00:26:35 | 11.51 | 05:12 |
| 137 | 646 | Janssen, | Pifte | Herselt | M119 | BEN | Ter Veste | 00:26:38 | 11.49 | 05:13 |
| 138 | 557 | Cuypers | Jan | Westerlo | M120 | MAS+40 | | 00:26:39 | 11.48 | 05:13 |
| 139 | 647 | Janssen | Ruben | Herselt | M121 | MAS+40 | VTC de Mixx | 00:26:44 | 11.45 | 05:14 |
| 140 | 728 | Pauwels | Kobe | Aarschot | M122 | CAD | | 00:26:46 | 11.43 | 05:14 |
| 141 | 671 | Kusseneers | Luc | Rumst | M123 | MAS+65 | Berglopers | 00:26:49 | 11.41 | 05:15 |
| 142 | 704 | Helsen | Jan | Baal | M124 | MAS+35 | | 00:26:51 | 11.4 | 05:15 |
| 143 | 801 | Van Roosbroeck | Hans | Meerhout | M125 | MAS+50 | | 00:26:59 | 11.34 | 05:17 |
| 144 | 757 | Moris | Jesse | Begijnendijk | M126 | MIN | Berglopers | 00:27:01 | 11.33 | 05:17 |
| 145 | 650 | Valgaeren | Manon | Westerlo | V19 | PUP | VBS Bergom | 00:27:02 | 11.32 | 05:18 |
| 146 | 585 | Vangenechten | Jasper | Herselt | M127 | CAD | | 00:27:04 | 11.31 | 05:18 |
| 147 | 649 | Slootmaeckers | Mieke | Westerlo | V20 | MAS+35 | | 00:27:05 | 11.3 | 05:18 |
| 148 | 758 | Van den Broeck | Dorien | Begijnendijk | V21 | MAS+35 | Berglopers | 00:27:06 | 11.29 | 05:18 |
| 149 | 738 | Smolders | Kevin | Herselt | M128 | MAS+40 | | 00:27:09 | 11.27 | 05:19 |
| 150 | 566 | Luyts | Emiel | Winksele | M129 | MAS+65 | KSL | 00:27:14 | 11.24 | 05:20 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|-----------|----------------|------|-----------|-------------------------|----------|-------|--------|
| 151 | 710 | Goovaerts | Stella | Ramsel | V22 | MAS+45 | Berglopers | 00:27:17 | 11.22 | 05:20 |
| 152 | 776 | Theys | Axl | Varendonk | M130 | CAD | | 00:27:22 | 11.18 | 05:21 |
| 153 | 560 | Delmé | Tom | Ramsel | M131 | MAS+45 | | 00:27:23 | 11.17 | 05:22 |
| 154 | 616 | Cumps | Sofie | Langdorp | V23 | MAS+40 | DRT | 00:27:27 | 11.15 | 05:22 |
| 155 | 589 | Verbraeken | Niels | Testelt | M132 | SEN | | 00:27:29 | 11.13 | 05:23 |
| 156 | 645 | Van den Bosch | Geert | Ramsel | M133 | MAS+45 | | 00:27:37 | 11.08 | 05:24 |
| 157 | 575 | Simons | Jan | Schoten | M134 | MAS+65 | A.A | 00:27:40 | 11.06 | 05:25 |
| 158 | 681 | Willekens | Walter | Laakdal | M135 | MAS+65 | Bosvrienden | 00:27:41 | 11.05 | 05:25 |
| 159 | 790 | Klerkx | Hanna | Ramsel | V24 | SEN | | 00:27:42 | 11.05 | 05:25 |
| 160 | 590 | Vermeulen | Charlotte | Ramsel | V25 | SEN | | 00:27:43 | 11.04 | 05:26 |
| 161 | 654 | Lambrechts | Jelle | Herentals | M136 | MAS+35 | | 00:27:44 | 11.03 | 05:26 |
| 162 | 778 | Gijbels | Arne | Herselt | M137 | MIN | Ter Veste | 00:27:46 | 11.02 | 05:26 |
| 163 | 730 | Pauwels | Brent | Wolfsdonk | M138 | SEN | | 00:27:49 | 11 | 05:27 |
| 164 | 729 | Das | Nore | Herselt | V26 | SEN | | 00:27:50 | 10.99 | 05:27 |
| 165 | 633 | Laeremans | Yarne | Herselt | M139 | MIN | | 00:27:53 | 10.97 | 05:28 |
| 166 | 635 | Laeremans | Bert | Herselt | M140 | MAS+45 | | 00:27:54 | 10.97 | 05:28 |
| 167 | 754 | Dox | Jesse | Herselt | M141 | BEN | Ter Veste | 00:27:55 | 10.96 | 05:28 |
| 168 | 686 | Dox | Michiel | Herselt | M142 | MAS+35 | | 00:27:56 | 10.95 | 05:28 |
| 169 | 733 | Niclot | Loes | Noorderwijk | V27 | PUP | Move 'n More | 00:28:02 | 10.92 | 05:29 |
| 170 | 605 | Nevelsteen | Staf | Booischoot | M143 | MAS+70 | Berglopers | 00:28:03 | 10.91 | 05:30 |
| 171 | 735 | Van Oosterwyck | Lotte | Heist o/d Berg | V28 | SEN | | 00:28:21 | 10.79 | 05:33 |
| 172 | 748 | Ven | Sigrid | Ramsel | V29 | MAS+50 | | 00:28:26 | 10.76 | 05:34 |
| 173 | 664 | Vanhaesebrouck | Rosalie | Herselt | V30 | MIN | Ter Veste | 00:28:30 | 10.74 | 05:35 |
| 174 | 637 | Vertommen | Elke | Kortenaken | V31 | MAS+45 | Coyote sports team | 00:28:32 | 10.72 | 05:35 |
| 175 | 609 | Geudens | Bernard | Westerlo | M144 | SEN | | 00:28:36 | 10.7 | 05:36 |
| 176 | 674 | Van Gelder | Senne | Herselt | M145 | SEN | | 00:28:42 | 10.66 | 05:37 |
| 177 | 780 | Penneman | Amélie | Westerlo | V32 | CAD | KFC De Vrijheid | 00:28:52 | 10.6 | 05:39 |
| 178 | 702 | Saenen | Nena | Herselt | V33 | PUP | | 00:28:53 | 10.59 | 05:39 |
| 179 | 739 | Krause | Joke | Aarschoot | V34 | MAS+45 | | 00:28:54 | 10.59 | 05:40 |
| 180 | 630 | Van Rensbergen | Wannes | Herselt | M146 | MIN | Ter Veste | 00:28:55 | 10.58 | 05:40 |
| 181 | 750 | Van Genechten | Joke | Herselt | V35 | MAS+45 | | 00:28:56 | 10.58 | 05:40 |
| 182 | 745 | Rymenants | Axelle | Herselt | V36 | MIN | Vrije Basisschool Va... | 00:29:10 | 10.49 | 05:43 |
| 183 | 567 | Mellaerts | Kirsten | Averbode | V37 | MAS+40 | | 00:29:12 | 10.48 | 05:43 |
| 184 | 659 | Van Hove | Bert | Keerbergen | M147 | MAS+60 | Geshaalopers | 00:29:14 | 10.47 | 05:43 |
| 185 | 762 | Thiels | Arthur | Herselt | M148 | PUP | Bergom | 00:29:16 | 10.46 | 05:44 |
| 186 | 694 | Verhoeven | Bas | Herselt | M149 | PUP | Ter Veste Herselt | 00:29:23 | 10.41 | 05:45 |
| 187 | 783 | Theys | Lucie | Laakdal | V38 | SCH | | 00:29:26 | 10.4 | 05:46 |
| 188 | 905 | Van Reet | Mien | Herselt | V39 | SCH | | 00:29:27 | 10.39 | 05:46 |
| 189 | 595 | Witvrouwen | Tibo | Herselt | M150 | KAN | ACHL | 00:29:29 | 10.38 | 05:46 |
| 190 | 594 | Witvrouwen | Steff | Herselt | M151 | MAS+40 | | 00:29:30 | 10.37 | 05:47 |
| 191 | 795 | Lemoine | Ronny | Herselt | M152 | MAS+55 | | 00:29:43 | 10.3 | 05:49 |
| 192 | 749 | Vreysen | Steven | Herselt | M153 | MAS+45 | | 00:29:46 | 10.28 | 05:50 |
| 193 | 643 | Peeters | Gustaaf | Testelt | M154 | MAS+60 | | 00:29:47 | 10.27 | 05:50 |
| 194 | 667 | Fonteyn | Theo | | M155 | KAN | KVC Westerlo | 00:29:50 | 10.26 | 05:50 |
| 195 | 666 | Goovaerts | Felix | Langdorp | M156 | PUP | KFC Herselt | 00:29:54 | 10.23 | 05:51 |
| 196 | 668 | Fonteyn | Marcel | Testelt | M157 | PUP | KVC Herselt | 00:29:55 | 10.23 | 05:51 |
| 197 | 763 | Boexstaens | Mona | Herselt | V40 | CAD | De Vrijheid Herselt | 00:29:56 | 10.22 | 05:52 |
| 198 | 703 | Saenen | Mila | Herselt | V41 | MIN | | 00:29:58 | 10.21 | 05:52 |
| 199 | 714 | Harrison | Emil | Herselt | M158 | MIN | K Ramsel FC | 00:29:59 | 10.21 | 05:52 |
| 200 | 581 | Van Dingenen | Lotte | Herselt | V42 | MIN | Ter Veste | 00:30:00 | 10.2 | 05:52 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|-------------|----------------|------|-----------|-----------------------|----------|-------|--------|
| 201 | 736 | Verschueren | Gerry | Heist o/d Berg | M159 | MAS+50 | Berglopers | 00:30:01 | 10.19 | 05:53 |
| 202 | 553 | Bellekens | Floor | Heist o/d Berg | V43 | PUP | | 00:30:10 | 10.14 | 05:54 |
| 203 | 554 | Bellekens | Wouter | Heist o/d Berg | M160 | MAS+35 | De bende van de ge... | 00:30:11 | 10.14 | 05:55 |
| 204 | 604 | Cumps | Els | Hallaar | V44 | MAS+55 | Berglopers | 00:30:12 | 10.13 | 05:55 |
| 205 | 586 | Veltmans | Florian | Schriek | M161 | CAD | KSV Schriek | 00:30:17 | 10.1 | 05:56 |
| 206 | 574 | Scheers | Guido | Tremelo | M162 | MAS+65 | ROBA Runners | 00:30:19 | 10.09 | 05:56 |
| 207 | 617 | Cumps | Chris | Aarschot | M163 | MAS+70 | Dorpspomp | 00:30:21 | 10.08 | 05:57 |
| 208 | 675 | Van Gelder | Johnny | Herselt | M164 | MAS+55 | | 00:30:29 | 10.04 | 05:58 |
| 209 | 713 | Harrison | Oscar | Herselt | M165 | BEN | K Ramsel FC | 00:30:34 | 10.01 | 05:59 |
| 210 | 716 | Harrison | Benjamin | Herselt | M166 | MAS+35 | K Ramsel FC | 00:30:37 | 9.99 | 06:00 |
| 211 | 782 | Vercammen | Gert | Heist o/d Berg | M167 | MAS+50 | Berglopers | 00:30:42 | 9.97 | 06:01 |
| 212 | 771 | Van Rompaey | Dorien | Westmeerbeek | V45 | MAS+40 | De Dorpspomp | 00:30:44 | 9.96 | 06:01 |
| 213 | 777 | Michiels | Lowie | Herselt | M168 | MIN | Herselt | 00:30:47 | 9.94 | 06:02 |
| 214 | 658 | De Wachter | Carine | Keerbergen | V46 | MAS+60 | Geshaalopers | 00:30:51 | 9.92 | 06:02 |
| 215 | 764 | Bergen | Nicole | Messelbroek | V47 | MAS+55 | Kapsalon Luc | 00:30:52 | 9.91 | 06:03 |
| 216 | 722 | De Wever | Katrien | Westerlo | V48 | MAS+45 | | 00:30:54 | 9.9 | 06:03 |
| 217 | 742 | Wils | Yvy | Herselt | V49 | MAS+50 | | 00:30:59 | 9.88 | 06:04 |
| 218 | 695 | Verhoeven | Tijs | Herselt | M169 | MIN | Ter Veste Herselt | 00:30:59 | 9.88 | 06:04 |
| 219 | 696 | Verhoeven | Kristof | Herselt | M170 | MAS+40 | Pacers of Darkness | 00:31:01 | 9.87 | 06:04 |
| 220 | 715 | Harrison | Leon | Herselt | M171 | MIN | K Ramsel FC | 00:31:03 | 9.86 | 06:05 |
| 221 | 904 | Sannen | Nico | Tessenderlo | M172 | MAS+50 | | 00:31:06 | 9.84 | 06:05 |
| 222 | 903 | Reynders | Natacha | Meldert | V50 | MAS+35 | | 00:31:09 | 9.82 | 06:06 |
| 223 | 756 | Verherstraeten | Raf | Herselt | M173 | MAS+60 | De Dorpspomp | 00:31:26 | 9.73 | 06:09 |
| 224 | 592 | Winkelmans | Kris | Westmeerbeek | V51 | MAS+50 | | 00:31:28 | 9.72 | 06:10 |
| 225 | 731 | Niclot | Neel | Noorderwijk | M174 | MIN | Move 'n More | 00:31:34 | 9.69 | 06:11 |
| 226 | 786 | Van Otten | Peggy | Ramsel | V52 | MAS+50 | | 00:31:42 | 9.65 | 06:12 |
| 227 | 775 | Brasseur | Jitse | Beerzel | M175 | PUP | | 00:31:45 | 9.64 | 06:13 |
| 228 | 773 | Brasseur | Tom | Beerzel | M176 | MAS+45 | | 00:31:47 | 9.63 | 06:13 |
| 229 | 699 | Smets | Sita | Westerlo | V53 | JUN | | 00:31:51 | 9.61 | 06:14 |
| 230 | 580 | Van Dingenen | Liene | Herselt | V54 | MIN | Ter Veste | 00:32:02 | 9.55 | 06:16 |
| 231 | 727 | Tubbax | Ella-Louise | Herselt | V55 | MIN | Ter Veste | 00:32:04 | 9.54 | 06:17 |
| 232 | 797 | Eyckmans | Finne | Herselt | V56 | PUP | Ter Veste | 00:32:06 | 9.53 | 06:17 |
| 233 | 709 | Van Opstal | Karel | Ramsel | M177 | MAS+75 | Berglopers | 00:32:16 | 9.48 | 06:19 |
| 234 | 652 | Raymaekers | Ines | Herentals | V57 | MAS+35 | | 00:32:18 | 9.47 | 06:20 |
| 235 | 628 | Van Orshaegen | Nicole | Olen | V58 | MAS+65 | Berglopers | 00:33:10 | 9.23 | 06:30 |
| 236 | 717 | Vannueten | Nele | Herselt | V59 | MAS+40 | | 00:33:25 | 9.16 | 06:33 |
| 237 | 798 | Donckers | Kim | Herselt | V60 | MAS+40 | TC Herselt | 00:33:26 | 9.15 | 06:33 |
| 238 | 603 | Van Loo | Fons | Hallaar | M178 | MAS+65 | Heistse Berglopers | 00:33:29 | 9.14 | 06:33 |
| 239 | 578 | Van der Roost | Paulien | Schriek | V61 | BEN | | 00:33:31 | 9.13 | 06:34 |
| 240 | 644 | Van der Roost | Mil | Schriek | M179 | KAN | | 00:33:32 | 9.13 | 06:34 |
| 241 | 582 | Van Lier | Caroline | Schriek | V62 | MAS+35 | | 00:33:35 | 9.11 | 06:35 |
| 242 | 708 | Anthonis | Rudi | Tremelo | M180 | MAS+65 | Bowling Club Tremelo | 00:33:38 | 9.1 | 06:35 |
| 243 | 655 | Eijckmans | Eric | Laakdal | M181 | MAS+60 | | 00:33:53 | 9.03 | 06:38 |
| 244 | 642 | Peeters | Lion | Zonhoven | M182 | BEN | | 00:33:59 | 9 | 06:39 |
| 245 | 562 | Heylen | Christine | Herselt | V63 | MAS+60 | Berglopers | 00:34:06 | 8.97 | 06:41 |
| 246 | 607 | Van Gorp | Wout | Testelt | M183 | PUP | | 00:34:09 | 8.96 | 06:41 |
| 247 | 563 | Janssens | Zinke | Ramsel | V64 | SEN | | 00:34:34 | 8.85 | 06:46 |
| 248 | 753 | Roelants | Myriam | Wezemaal | V65 | MAS+65 | | 00:34:36 | 8.84 | 06:47 |
| 249 | 803 | Luyten | Gus | Herselt | M184 | KAN | | 00:36:16 | 8.44 | 07:06 |
| 250 | 804 | Luyten | Ruben | Herselt | M185 | MAS+35 | | 00:36:18 | 8.43 | 07:07 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|------------|----------|----------------|------|-----------|------------|----------|------|--------|
| 251 | 551 | Aertgeerts | Rani | Herselt | V66 | SEN | | 00:37:28 | 8.17 | 07:20 |
| 252 | 746 | Gielis | Ellen | Westerlo | V67 | MAS+45 | Berglopers | 00:37:38 | 8.13 | 07:22 |
| 253 | 613 | Van Dyck | Michel | Heist o/d Berg | M186 | MAS+60 | Berglopers | 00:37:52 | 8.08 | 07:25 |