

Blad1

Plaats	Nummer	Naam	GJ	Geslacht	LC	Club	Tijd
4km							
Female							
1.	1119	Eva Van De Mergel	1989	f	Female 25-29		17:55
2.	1135	Tineke van Biesen		f			18:28
3.	1096	Marthe Eliano	2008	f	Female 10-14		19:21
4.	1034	Hilde Moens		f			19:55
5.	1097	Hanne Eliano	2004	f	Female 10-14		20:35
6.	1109	Joke Van Den Haesevelde	1988	f	Female 30-34		21:28
7.	1049	Lisa De Troyer		f			21:28
8.	1040	Nina De Smedt		f			21:42
9.	1107	Lut Raeymaekers	1965	f	Female 50-54		22:09
10.	1028	Katrien De Smet		f			23:10
11.	1090	Hanne Mattens	1986	f	Female 30-34		23:44
12.	1045	Annelies Van Geyte		f			24:44
13.	1062	Magda Borms		f			25:31
14.	1105	Julie De Rouck	1980	f	Female 35-39		25:40
15.	1099	Evelyn De Moor	1994	f	Female 20-24		26:00
16.	1115	Katrien Liebaut	1966	f	Female 50-54		26:16
17.	1063	Dagmare Lockefer	1967	f	Female 50-54		26:20
18.	1029	Bea Van de Cauter	1964	f	Female 50-54		26:50
19.	1018	Nancy Verpoest	1973	f	Female 45-49		26:53
20.	1092	Elke Van Rossem	1980	f	Female 35-39		27:20
21.	1017	Femke Houthoofd	1984	f	Female 30-34		27:20
22.	1138	Karen Wastijn	1981	f	Female 35-39		27:42
23.	1031	Winter Van de Cauter	2010	f	Female 9 & Under		27:48
24.	1110	Mieke Cattryse	1986	f	Female 30-34		27:48
25.	1073	Mit Van Den Abbeel	1951	f	Female 65-69		27:49
26.	1088	Brenda Van De Cauter	1981	f	Female 35-39		27:56
27.	1039	Lin Van Haver		f			28:01
28.	1123	Kim Van Cauter		f			28:29
29.	1131	Dorien De Loose	1982	f	Female 35-39		28:49
30.	1130	Hilde Ottoy	1961	f	Female 55-59		29:44
31.	1067	Ann Decroix	1968	f	Female 50-54		29:48
32.	1053	Gitte Baele		f			30:05
33.	1047	Carinne Verhofstadt	1974	f	Female 40-44		30:26
34.	1111	Daphne Bieseman	2000	f	Female 15-19		30:27
35.	1114	Jessica Mariman		f			30:41
36.	1005	Sabrina Van Mossevelde	1979	f	Female 35-39		30:44
37.	1019	Karen Moerenhout	1992	f	Female 25-29		30:47
38.	1009	Nathalie De Wint		f			31:27
39.	1033	Hilde De Rijbel		f			31:46
40.	1104	Sylvia Gallet	1984	f	Female 30-34		32:31
41.	1010	Imke De Nil	1988	f	Female 30-34		32:43
42.	1036	Hilde D'Hondt	1959	f	Female 55-59		33:01
43.	1037	Lynn Moerenhout	1990	f	Female 25-29		33:02

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44.	1046 Godelieve Scholiers	1954	f	Female 60-64	33:02
45.	1085 Ingrid Persoons	1957	f	Female 60-64	36:20
Male 4km					
1.	1116 Bryan Roosenboom	1993	m	Male 25-29	14:20
2.	1120 Jelle De Wit	1990	m	Male 25-29	14:28
3.	1127 Stijn Vermeersch	1980	m	Male 35-39	14:55
4.	1129 Jens Huygh	1995	m	Male 20-24	16:14
5.	1087 Gregory Meert	1977	m	Male 40-44	17:18
6.	1050 Axel Ringoot		m		17:28
7.	1093 Stefan De Bock	1977	m	Male 40-44	17:48
8.	1042 Kristof Meulebroek	1993	m	Male 25-29	17:55
9.	1091 joss Broothaerts	1955	m	Male 60-64	18:14
10.	1124 Lander De Troetsel		m		18:25
11.	1051 Nolle Van Praet		m		19:00
12.	1134 Josse Verlinden	2008	m	Male 10-14	19:20
13.	1086 Mathis Meert	2018	m	Male 9 & Under	19:44
14.	1054 Jasper Vanwildemeersch		m		20:37
15.	1043 Jasper Smekens		m		20:37
16.	1089 Zenne Van Lokeren	2009	m	Male 9 & Under	21:20
17.	1079 Ferre Putteman	2006	m	Male 10-14	21:50
18.	1103 Danny De Dobbelaere	1968	m	Male 50-54	23:10
19.	1027 Bruno Van Cauwenberghe	2004	m	Male 10-14	23:47
20.	1140 Tim Heyvaert	2010	m	Male 9 & Under	24:05
21.	1137 Koen Heyvaert	1974	m	Male 40-44	24:06
22.	1061 Torsten Van Moeseke		m		24:42
23.	1098 Danny Van Doorslaer	1965	m	Male 50-54	24:54
24.	1219 Roger Hooge	1957	m	Male 60-64	25:30
25.	1106 Daan Dewitte	1980	m	Male 35-39	25:40
26.	1084 Wannas Vissenaekens	2007	m	Male 10-14	26:12
27.	1081 Steven Vissenaekens	1976	m	Male 40-44	26:12
28.	1077 Rhune Putteman	2004	m	Male 10-14	26:32
29.	1065 Luc De Norre	1966	m	Male 50-54	26:46
30.	1139 Jules Van Biesen	2009	m	Male 9 & Under	26:52
31.	1141 Dieter Van Biesen	1947	m	Male 70+	26:52
32.	1066 Michel De Schepper	1968	m	Male 50-54	27:28
33.	1142 Achiel Sach	2005	m	Male 10-14	27:40
34.	1113 Kyano Trienpont	2003	m	Male 15-19	28:03
35.	1133 Sven De Visscher	1973	m	Male 45-49	28:30
36.	1302 Brecht Deruyck	1982	m	Male 35-39	29:28
37.	1023 Johan Moens	1973	m	Male 45-49	30:47
38.	1094 Christian Bultinck	1960	m	Male 55-59	32:11
39.	1026 Stijn De Ryck		m		38:02
Contest 2					
Female 8km					
1.	1249 Nele Scherre	1981	f	Female 35-39	32:34
2.	1301 Elien Osselaer	1996	f	Female 20-24	33:01

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3.	1308 Wuytack Veerle	1972	f	Female 45-49	34:45
4.	1310 Katrijn Duquet	1979	f	Female 35-39	38:34
5.	1247 Hilde Vereertbrugghen	1965	f	Female 50-54	39:20
6.	1338 Dorin Van Pottelbergh	1979	f	Female 35-39	39:46
7.	1287 Rendy Kindermans	1980	f	Female 35-39	39:49
8.	1305 Julie Balcaen	1984	f	Female 30-34	40:39
9.	1210 Annelies Moens	1990	f	Female 25-29	42:08
10.	1333 Amelita Cinco	1978	f	Female 40-44	42:47
11.	1238 Linde Cattrysse	1984	f	Female 30-34	44:33
12.	1224 Astrid Ketele	1998	f	Female 20-24	45:00
13.	1274 Lieve De Witte	1961	f	Female 55-59	46:05
14.	1222 Nele Verhofstadt	1973	f	Female 45-49	46:28
15.	1215 Catherine Zenner	1984	f	Female 30-34	46:29
16.	1220 Liesbeth Hooge	1985	f	Female 30-34	47:31
17.	1273 Brigitte Beeken	1966	f	Female 50-54	49:58
18.	1254 Ann Mertens	1971	f	Female 45-49	50:19
19.	1282 An Pauwels	1983	f	Female 35-39	51:36
20.	1208 Chelsey Plas		f		51:53
21.	1229 Elise Van Peteghem	1992	f	Female 25-29	52:15
22.	1232 Veronique Van Steen	1968	f	Female 50-54	52:15
23.	1236 Silke Venneman	1988	f	Female 30-34	52:59
24.	1314 Ilse Beque	1976	f	Female 40-44	53:42
25.	1202 Myriam Berghman	1955	f	Female 60-64	53:43
26.	1340 Lore Triest	1995	f	Female 20-24	54:32
27.	1319 Helena Bieseman	1990	f	Female 25-29	55:06
28.	1255 Hilde De Lathouwer	1961	f	Female 55-59	55:06
29.	1264 Lisbeth Hermans	1960	f	Female 55-59	55:06
30.	1270 Els Van Steen	1982	f	Female 35-39	55:17
31.	1260 Christine Bornauw		f		55:20
32.	1221 Daniela Azzopardi		f		58:22
33.	1292 Lizzy Van Buggenhout	1986	f	Female 30-34	58:24
Male 8km					
1.	1297 Bjarne Rasschaert	2000	m	Male 15-19	26:34
2.	1313 Peter Vander Veken	1966	m	Male 50-54	28:23
3.	1330 Sem Schockaert	2002	m	Male 15-19	28:29
4.	1322 Thomas Demuyter	1989	m	Male 25-29	28:49
5.	1227 Christophe Goossens	1987	m	Male 30-34	29:20
6.	1225 Bert Vandendriessche	1981	m	Male 35-39	29:33
7.	1136 Chris De Kesel	1962	m	Male 55-59	29:48
8.	1341 Rik Barbe	1981	m	Male 35-39	29:59
9.	1325 Koen Van Herzele	1991	m	Male 25-29	30:10
10.	1316 Sigurd Suys	1966	m	Male 50-54	31:02
11.	1299 Jean-Paul Praet	1955	m	Male 60-64	31:04
12.	1317 Sören Suys	1994	m	Male 20-24	31:36
13.	1324 Mario De Koninck	1977	m	Male 40-44	32:05
14.	1246 Jeffrey Vergeylen		m		32:14

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15.	1209 Stefaan Uyttersprot	1964	m	Male 50-54	32:18
16.	1211 Herman De Smet	1956	m	Male 60-64	32:30
17.	1300 Koen Veldeman	1976	m	Male 40-44	32:42
18.	1277 Erik Thierens	1962	m	Male 55-59	32:45
19.	1291 Rene Duchateau	1968	m	Male 50-54	33:02
20.	1203 Jozef Bequé	1954	m	Male 60-64	33:53
21.	1278 Patrick Siau	1957	m	Male 60-64	34:01
22.	1326 Iwein Pereboom	1982	m	Male 35-39	34:38
23.	1329 Tom Spaenhoven	1973	m	Male 45-49	34:53
24.	1331 Yannick De Cuyper	1993	m	Male 25-29	35:37
25.	1327 Bjorn Franck	1992	m	Male 25-29	35:37
26.	1201 Hendrik Schaut		m		35:46
27.	1342 Steve Vanmarcke	1986	m	Male 30-34	37:08
28.	1337 Danny Van Driessche	1961	m	Male 55-59	37:32
29.	1269 Stijn Pluym		m		37:35
30.	1253 Luc Vandebroeck	1972	m	Male 45-49	37:39
31.	1237 Edwin Van de Cauter	1969	m	Male 45-49	37:40
32.	1332 Kris Vermeir	1992	m	Male 25-29	37:56
33.	1315 Luc Cautaers	1961	m	Male 55-59	38:15
34.	1318 Didier Vanhaelemesch	1970	m	Male 45-49	38:30
35.	1312 Tim Van den Berghe	1982	m	Male 35-39	38:32
36.	1214 Roger Dangez		m		38:40
37.	1271 Pieter-Jan Van De Winkel	1988	m	Male 30-34	39:36
38.	1251 Nils Van Nieuwenhuysse		m		39:41
39.	1293 Quinten Van de Cauter	1999	m	Male 15-19	39:54
40.	1276 Jozef Goubert	1961	m	Male 55-59	40:06
41.	1263 Laurens Hofman		m		40:33
42.	1284 David De Pauw	1981	m	Male 35-39	40:42
43.	1218 Yves Heymans		m		40:51
44.	1328 Geert Scheirs	1979	m	Male 35-39	41:11
45.	1217 Jaak Van Kerckhove	1954	m	Male 60-64	42:34
46.	1265 Christophe Baele		m		42:50
47.	1204 Gunther Duym	1976	m	Male 40-44	43:21
48.	1320 Geert Verhas	1972	m	Male 45-49	43:46
49.	1321 Guy De Haes	1958	m	Male 60-64	43:46
50.	1345 Erwin Ketele	1961	m	Male 55-59	45:00
51.	1309 Marc Moerman	1968	m	Male 50-54	45:08
52.	1323 Lode Demetter	1974	m	Male 40-44	45:09
53.	1347 Marius Mereman	1967	m	Male 50-54	45:58
54.	1207 Sebastiaan Moens		m		46:02
55.	1268 Marc Lefevre	1957	m	Male 60-64	47:31
56.	1339 Dirk Triest	1964	m	Male 50-54	47:34
57.	1250 Nico De Greve	1972	m	Male 45-49	48:10
58.	1343 Gunther Van Handenhove	1970	m	Male 45-49	48:50
59.	1267 Paul Blindeman		m		48:54
60.	1281 Jordi Bosman	1996	m	Male 20-24	48:55

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61.	1261 Johan Staes		m		49:10
62.	1304 Luc Billiet	1950	m	Male 65-69	49:15
63.	1272 Jorden Gijbsbrecht	1996	m	Male 20-24	49:59
64.	1346 Bram Devos	1979	m	Male 35-39	50:00
65.	1307 Filip Coppens	1971	m	Male 45-49	53:43