

| uitslag 6 rondes | | afstand 13.2 km | | | | | |
|------------------|-----------------------|-----------------|----------|-------|---------|---------------|------|
| rank | naam | gemeente | leeftijd | m/v | tijd | gemiddelde km | tijd |
| 1 | Laloo Wim | Zomergem | 39 | man | 48:57 | 16.18 | 3:43 |
| 2 | Coopman Frederic | Sleidinge | 36 | man | 50:06 | 15.81 | 3:48 |
| 3 | Van Overbeke Frederik | Zomergem | 4 | man | 50:54 | 15.56 | 3:51 |
| 4 | Pauwel Joos | Kleit | 52 | man | 53:36 | 14.78 | 4:04 |
| 5 | Bollens Chris | Ursel | 58 | man | 56:42 | 13.97 | 4:18 |
| 6 | Claeys Erik | Sleidinge | 58 | man | 57:39 | 13.74 | 4:22 |
| 7 | Heyman Frederik | Zomergem | 46 | man | 59:09 | 13.39 | 4:29 |
| 8 | Landuyt Koen | Zomergem | 43 | man | 59:20 | 13.35 | 4:30 |
| 9 | Pisman Dirk | Evergem | 53 | man | 1:00:09 | 13.17 | 4:33 |
| 10 | Bockaert Nic | Zomergem | 41 | man | 1:02:43 | 12.63 | 4:45 |
| 11 | De Smet Michael | Zomergem | 39 | man | 1:02:43 | 12.63 | 4:45 |
| 12 | Sacre Tom | Zomergem | 37 | man | 1:03:21 | 12.50 | 4:48 |
| 13 | Van Renterghem Willem | Hansbeke | 50 | man | 1:04:12 | 12.34 | 4:52 |
| 14 | Chaves Daguiar Sofia | Adegem | 42 | vrouw | 1:06:56 | 11.83 | 5:04 |
| 15 | Maerten Nancy | Eeklo | 49 | vrouw | 1:08:23 | 11.58 | 5:11 |
| 16 | Desein Bart | Ronsele | 28 | man | 1:11:50 | 11.03 | 5:27 |