

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	3002	Alaerts	Nick	Balen	M1	MAS+35	LFL	00:31:38	18.97	03:09
2	999	De Rooy	Andy	Grobbendonk	M2	MAS+50	Coyote Sports...	00:33:23	17.97	03:20
3	595	Cuypers	Brecht	Messelbroek	M3	MAS+35	ROBA	00:33:56	17.68	03:23
4	606	Vanden Bosch	Bart	Holsbeek	M4	SEN	Kapsalon Luc	00:34:42	17.29	03:28
5	573	Van De Gaer	Wesley	Averbode	M5	MAS+40	Boothyvision	00:34:50	17.22	03:29
6	3001	Wouters	Chriske	Diest	M6	MAS+50	SQM	00:35:04	17.11	03:30
7	607	Paglialunga	Mattias	Aarschot	M7	MAS+40	ROBA	00:35:24	16.95	03:32
8	590	Vets	Cenne	Kaggevinne	M8	SCH		00:35:39	16.83	03:33
9	3029	Trappeniers	Philip	Schaffen	M9	MAS+40	Triatlon Lumm...	00:35:41	16.81	03:34
10	604	Lambrechts	Joris	Diest	M10	MAS+35	ROBA	00:35:59	16.67	03:35
11	602	Meuris	Robbe	Scherpenheuvel-Zichem	M11	SEN	KVC Westerlo	00:36:20	16.51	03:38
12	572	Vaes	Joachim	Diest	M12	SEN	AV Toekomst	00:36:46	16.32	03:40
13	565	Mosselman	Jelle	Diest	M13	MAS+40	Roba Diest	00:36:48	16.3	03:40
14	3014	Verlinden	Herwig	Messelbroek	M14	MAS+60	RSCA	00:36:53	16.27	03:41
15	569	Spitz	Thomas	Schaffen	M15	MAS+35		00:37:17	16.09	03:43
16	610	Suttels	Bart	Bekkevoort	M16	MAS+40	Go Like Hell	00:38:38	15.53	03:51
17	563	Mans	Steve	Testelt	M17	MAS+40	SQM Running...	00:38:39	15.52	03:51
18	609	Janssens	Arne	Aarschot	M18	SEN	Stad Diest	00:40:08	14.95	04:00
19	1000	Hendrikkx	Tom	Diest	M19	MAS+35		00:40:22	14.86	04:02
20	593	Sampermans	Bart	Lummen	M20	MAS+40	DCLA-Halen	00:40:27	14.83	04:02
21	570	Strouven	Rudi	Rotselaar	M21	MAS+60	ROBA	00:40:52	14.68	04:05
22	3028	Peeters	Karen	Schriek	V1	MAS+55	Bonheiden	00:41:30	14.46	04:09
23	3016	Barrette	Ronny	Boutersem	M22	MAS+50		00:41:43	14.38	04:10
24	998	Geldof	Barthelemy	Heverlee	M23	MAS+35	DCLA Brokke...	00:41:55	14.31	04:11
25	585	Vervloesem	Michael	Pelt	M24	SEN		00:42:00	14.29	04:12
26	561	Hermans	Falke	Tessengerlo	V2	SEN		00:42:19	14.18	04:13
27	566	Putseys	Raf	Rotselaar	M25	MAS+40		00:42:37	14.08	04:15
28	598	De Herdt	Dimitri	Diest	M26	MAS+40		00:42:40	14.06	04:16
29	601	Degelaen	Dirk	Zichem	M27	MAS+45	ROBA	00:42:42	14.05	04:16
30	577	Vande Reyde	Maurits	Diest	M28	MAS+35	Stad Diest	00:42:54	13.99	04:17
31	611	Vansimpsen	Arthur	Diest	M29	SEN		00:43:06	13.92	04:18
32	547	Bosmans	Marc	Beringen	M30	MAS+60		00:43:10	13.9	04:19
33	3003	Gerrits	Thomas	Bekkevoort	M31	SEN		00:43:23	13.83	04:20
34	564	Mondelaers	Stijn	Kaggevinne	M32	JUN		00:43:45	13.71	04:22
35	594	Verschueren	Frank	Pelt	M33	MAS+60		00:44:03	13.62	04:24
36	580	Vanmeert	Wouter	Diest	M34	MAS+35		00:44:04	13.62	04:24
37	3020	Doms	Stijn	Geetbets	M35	MAS+35		00:44:06	13.61	04:24
38	596	Pollet	Wim	Drieslinter	M36	MAS+45	Sportiva Gelro...	00:44:08	13.6	04:24
39	605	Broux	Tom	Paal	M37	MAS+40		00:44:11	13.58	04:25
40	562	Janssen	Liv	Diest	V3	CAD	ROBA Diest	00:44:27	13.5	04:26
41	581	Vansimpsen	Yamina	Diest	V4	SEN		00:44:31	13.48	04:27
42	591	Aerts	Peter	Tessengerlo	M38	MAS+45		00:44:48	13.39	04:28
43	559	Dierens	Sander	Heist o/d Berg	M39	SCH		00:44:49	13.39	04:28
44	3004	Vermeulen	Jo	Wilsele	M40	MAS+45		00:45:10	13.28	04:31
45	612	Vervloessem	Tina	Herselt	V5	MAS+40	Stad Diest	00:45:18	13.25	04:31
46	556	De Vos	Bart	Wezemaal	M41	MAS+35		00:45:19	13.24	04:31
47	587	Lambrechts	Maarten	Diest	M42	MAS+45		00:45:38	13.15	04:33
48	571	Vaes	Geert	Diest	M43	MAS+55		00:45:56	13.06	04:35
49	3015	Van Slycke	Sarah	Zoutleeuw	V6	MAS+45	DCLA Halen	00:46:12	12.99	04:37
50	553	De Munck	Ward	Diest	M44	SCH		00:46:18	12.96	04:37

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	3007	Vanparijs	Pieter	Kessel Lo	M45	MAS+40		00:46:43	12.84	04:40
52	3005	Walravens	Mario	Nossegem	M46	MAS+50	Tessengerlo...	00:46:51	12.81	04:41
53	583	Verstraeten	Dries	Zelem	M47	MAS+40		00:47:12	12.71	04:43
54	3008	Heylen	Georges	Scherpenheuvel	M48	MAS+60		00:47:47	12.56	04:46
55	549	Buisseret	Kevin	Assent	M49	SEN		00:48:10	12.46	04:49
56	578	Vandenborne	Ilse	Beringen	V7	MAS+55		00:48:35	12.35	04:51
57	608	Beckers	Paul	Kaggevinne	M50	MAS+60		00:48:49	12.29	04:52
58	555	De Roeck	Glen	Laakdal	M51	SEN		00:49:48	12.05	04:58
59	568	Rombaux	Eddy	Rillaar	M52	MAS+55	ROBA	00:51:24	11.67	05:08
60	567	Roland	Jonas	Diest	M53	SCH	ROBA	00:51:33	11.64	05:09
61	546	Boone	Frederik	Diest	M54	MAS+50	ROBA	00:51:35	11.63	05:09
62	3011	Kestens	Sylvia	Bunsbeek	V8	MAS+55		00:51:42	11.61	05:10
63	603	Janssens	Sven	Testelt	M55	MAS+35	ROBA	00:51:44	11.6	05:10
64	551	Cespedes	Ann	Diest	V9	MAS+40		00:51:48	11.58	05:10
65	599	Verbeken	Alexander		M56	MAS+40	Stad Diest	00:52:12	11.49	05:13
66	558	Demaeght	Marc	Diest	M57	MAS+65	De Bosvrienden	00:53:33	11.2	05:21
67	579	Vaneekhout	Steve	Diest	M58	MAS+40		00:53:34	11.2	05:21
68	550	Cabuy	Paula	Geel	V10	MAS+60		00:53:45	11.16	05:22
69	244	Corthouts	Pedro	Kaggevinne	M59	MAS+55		00:53:47	11.16	05:22
70	247	Van Diest	Joke	Zichem	V11	MAS+50		00:53:49	11.15	05:22
71	3024	Buts	Johan	Diest	M60	MAS+40		00:54:56	10.92	05:29
72	560	Dusewoir	Isabelle	Scherpenheuvel	V12	MAS+50		00:54:58	10.92	05:29
73	3023	Dries	Claudia		V13	SEN		00:55:09	10.88	05:30
74	597	Werbrouck	Tom	Scherpenheuvel	M61	MAS+45	Sportiva Gelro...	00:55:29	10.81	05:32
75	588	De keersmaecker	Basiel	Diest	M62	MIN	ROBA	00:55:50	10.75	05:35
76	600	Claes	Linus	Diest	M63	MIN	ROBA	00:55:51	10.74	05:35
77	589	De Keersmaecker	Robrecht	Diest	M64	MAS+45	ROBA	00:55:54	10.73	05:35
78	3031	Landuyt	Evelien	Loksbergen	V14	MAS+45	DCLA-Halen	00:56:23	10.64	05:38
79	3030	Vandenbroeck	Tom	Loksbergen	M65	MAS+45	DCLA-Halen	00:56:24	10.64	05:38
80	3010	De Ceuster	Robert	Diest	M66	MAS+80	Runningmate...	00:57:03	10.52	05:42
81	613	Mollen	Arne		M67	SEN	Stad Diest	00:57:17	10.47	05:43
82	552	Ceulemans	Leen	Diest	V15	MAS+45		00:58:44	10.22	05:52
83	592	Aerts	Fien	Tessengerlo	V16	SCH		01:01:49	9.71	06:10
84	576	Vanaudenhove	Marie	Diest	V17	MAS+50		01:02:46	9.56	06:16
85	554	De Rijck	Hilde	Diest	V18	MAS+55		01:06:34	9.01	06:39