

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	112	Helsen	Thomas	Laakdal	M1	MAS+35		00:16:22	18.33	03:16
2	120	Saenen	Ferde	Zichem	M2	SCH	Looise AV	00:16:42	17.96	03:20
3	109	Exelmans	Renzo	Scherpenheuvel	M3	SEN	ROBA	00:16:45	17.91	03:21
4	108	De Ceulaer	Daan	Wezemaal	M4	SEN	ROBA (Team Resista...	00:16:46	17.89	03:21
5	77	Delmé	Kobe	Averbode	M5	SEN	Team Resistance	00:16:51	17.8	03:22
6	116	Helsen	Michel	Rillaar	M6	MAS+40		00:16:53	17.77	03:22
7	103	Verstraete	Liano	Kaggevinne	M7	SCH	ROBA	00:17:25	17.22	03:29
8	111	Devroye	Thomas	Nieuwrode	M8	SEN	ROBA	00:17:31	17.13	03:30
9	119	Geets	Seppe	Rotselaar	M9	SEN		00:17:39	17	03:31
10	115	Cumps	Stan	Ramsel	M10	SEN		00:17:49	16.84	03:33
11	2017	Deflem	Kenny	Tienen	M11	SEN	RCT	00:17:51	16.81	03:34
12	122	Theys	Kevin	Tienen	M12	MAS+40	SQM Running team	00:18:11	16.5	03:38
13	2022	Sonck	Ruth	Tienen	V1	MAS+35	SQM Running Team	00:18:28	16.25	03:41
14	133	Clemens	Lars	Ham	M13	SEN	De Poempers	00:18:36	16.13	03:43
15	118	Vander Sande	Thomas	Hulshout	M14	SEN	ROBA	00:18:45	16	03:45
16	132	Van Doren	Nick	Aarschot	M15	SEN		00:19:00	15.79	03:48
17	107	Verhaegen	Raf	Betekom	M16	MAS+50	ROBA	00:19:02	15.76	03:48
18	110	Huysmans	Davy	Geel	M17	MAS+45		00:19:08	15.68	03:49
19	135	Nickmans	Kobe	Okselaar	M18	CAD		00:19:28	15.41	03:53
20	76	Delmé	Andy	Testelt	M19	MAS+55		00:19:51	15.11	03:58
21	114	Sterckx	Willem	Aarschot	M20	MAS+40		00:19:53	15.09	03:58
22	2011	Van Santvoort	Thibo	Zoerle-Parwijs	M21	CAD	De Dorpspomp	00:19:55	15.06	03:59
23	2020	Wouters	Chriske	Diest	M22	MAS+50	SQM Running Team	00:20:04	14.95	04:00
24	139	Boeckx	Tuur	Okselaar	M23	CAD		00:20:30	14.63	04:06
25	96	Theys	Finne	Morkhoven	V2	CAD	AC Hulshout	00:20:48	14.42	04:09
26	97	Theys	Koen	Morkhoven	M24	MAS+40	AC Hulshout	00:20:50	14.4	04:10
27	129	Korthout	Nils	Tessengerlo	M25	MAS+35		00:20:52	14.38	04:10
28	2028	Marteleur	Mischa	Langdorp	M26	MAS+50	Sportive Bike Team	00:21:03	14.25	04:12
29	117	Helsen	Liene	Rillaar	V3	CAD		00:21:24	14.02	04:16
30	113	Joos	Gerd	Langdorp	M27	MAS+45	Dorpspomp	00:21:29	13.96	04:17
31	128	Mans	Steve	Testelt	M28	MAS+40	SQM Running Team	00:21:40	13.85	04:20
32	2015	Wilmaers	Kelly	Tielt-Winge	V4	MAS+40	DCLA Halen	00:21:42	13.82	04:20
33	86	Mulders	Astor	Okselaar	M29	CAD		00:22:10	13.53	04:26
34	134	Delen	Linus	Herselt	M30	PUP		00:22:15	13.48	04:27
35	100	Van Rillaar	Katrien	Betekom	V5	MAS+50	ROBA	00:22:56	13.08	04:35
36	2007	Coeckelberghs	Rob	Drieslinter	M31	MAS+40	RCT atletiek	00:23:13	12.92	04:38
37	2004	Geleyn	Thieu	Bekkevoort	M32	MAS+45		00:23:14	12.91	04:38
38	2010	Van Santvoort	Theo	Westerlo	M33	MAS+50	De Dorpspomp	00:23:19	12.87	04:39
39	123	Vervoort	Mats	Geel	M34	SEN		00:23:44	12.64	04:44
40	98	Uytterhoeven	Peter	Tremelo	M35	MAS+55	Berglopers	00:23:52	12.57	04:46
41	2014	Arnauts	Kirsten	Neerlinter	V6	MAS+50	KARWEIf	00:24:07	12.44	04:49
42	130	Mombaerts	Els	Linter	V7	MAS+50	KARWEIf	00:24:48	12.1	04:57
43	124	Vervoort	Siebe	Geel	M36	SEN		00:24:53	12.06	04:58
44	75	De Koninck	Tyas		M37	CAD		00:25:33	11.74	05:06
45	74	Bos	Milan	Zoersel	M38	PUP		00:25:57	11.56	05:11
46	2009	Fastenakels	Leslee	Westerlo	V8	MAS+40	De Dorpspomp	00:26:22	11.38	05:16
47	136	Lambert	Lucie	Anderlecht	V9	CAD		00:26:41	11.24	05:20
48	137	Lambert	Régis	Anderlecht	M39	MAS+40		00:26:42	11.24	05:20
49	82	Joris	Quinten	Beringen	M40	MIN	Looise AV	00:27:00	11.11	05:24
50	83	Joris	Robin	Beringen	M41	MAS+45		00:27:01	11.1	05:24

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51	104	Verstraete	Peter	Grathem (NL)	M42	MAS+55		00:27:05	11.08	05:25
52	2021	Guldolf	Dries	Aarschot	M43	MAS+35	Sportiva Gelrode	00:27:16	11	05:27
53	94	Sterckx	Nathalie	Zoersel	V10	MAS+35		00:27:35	10.88	05:31
54	84	Mellaerts	Kirsten	Averbode	V11	MAS+40		00:27:54	10.75	05:34
55	72	Bloemmen	Ulrike	Grathem (NL)	V12	MAS+45		00:28:18	10.6	05:39
56	131	Prouvé	Geert	Linter	M44	MAS+55	KARWEIf	00:28:23	10.57	05:40
57	2029	Verstraeten	Annick	Langdorp	V13	MAS+50	Sportive Bike Team	00:28:33	10.51	05:42
58	121	Laeveren	Cloé	Averbode	M45	MAS+35		00:28:37	10.48	05:43
59	90	Pabian	Sara	Morkhoven	V14	MAS+40		00:28:49	10.41	05:45
60	2008	Celis	Hilde	Molenstede	V15	MAS+55		00:28:50	10.4	05:46
61	2006	Geuens	Katrien	Drieslinter	V16	MAS+40		00:28:55	10.37	05:47
62	91	Peeters	Lola	Okselaar	V17	SEN		00:29:07	10.3	05:49
63	92	Poelmans	Sarah	Scherpenheuvel	V18	SEN		00:29:08	10.3	05:49
64	105	Wildiers	Bart	Walem	M46	MAS+35		00:29:09	10.29	05:49
65	87	Nijs	Wannes	Averbode	M47	PUP	ROBA	00:29:11	10.28	05:50
66	85	Moons	Gert	Heusden-Zolder	M48	MAS+55		00:29:11	10.28	05:50
67	127	Neefs	Sigrid	Bekkevoort	V19	MAS+35		00:29:12	10.27	05:50
68	126	Portauwe	Louise	Bekkevoort	V20	BEN		00:29:13	10.27	05:50
69	125	Verherstraeten	Raf	Herselt	M49	MAS+60	De Dorpspomp	00:30:35	9.81	06:07
70	93	Sterckx	Marjan	Testelt	V21	MAS+40		00:30:36	9.8	06:07
71	79	Eijckmans	Eric	Laakdal	M50	MAS+60		00:30:44	9.76	06:08
72	2002	Van der Roost	Paulien	Schriek	V22	BEN		00:31:32	9.51	06:18
73	138	Meeus	Sarah	Herselt	V23	MAS+35		00:31:38	9.48	06:19
74	2003	Van Lier	Caroline	Schriek	V24	MAS+35		00:32:14	9.31	06:26
75	2001	Van Lier	Stefan	Tremelo	M51	MAS+65		00:32:16	9.3	06:27
76	2013	Robberechts	Eva	Neerlinter	V25	MAS+40	KARWEIf	00:32:30	9.23	06:30
77	81	Huysmans	Amber	Balen	V26	SEN		00:32:50	9.14	06:34
78	89	Op de Beeck	Suzy	Tremelo	V27	MAS+55	Berglopers	00:32:57	9.1	06:35
79	99	Van Gorp	Wout	Testelt	M52	PUP		00:33:06	9.06	06:37