

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	172	De Haes	Staf	Wilsele	M1	JUN	DCLA	00:15:25	19.46	03:05
2	206	Wuyts	Lode	Werchter	M2	SEN	ROBA	00:15:38	19.19	03:07
3	221	Verherstraeten	Rick	Herselt	M3	SEN	De Dorpspomp	00:15:39	19.17	03:07
4	2008	Raus	Milo	Zichem	M4	SEN	A-Team	00:15:51	18.93	03:10
5	224	Rochtus	Jordi	Hulshout	M5	SEN	Lyra Lierse	00:15:55	18.85	03:11
6	222	Laureys	Kenneth	Morkhoven	M6	SEN	DRT	00:16:04	18.67	03:12
7	234	Vanderbruggen	Arjen	Zoutleeuw	M7	SEN	t3ack	00:16:08	18.6	03:13
8	197	Van De Gaer	Wesley	Averbode	M8	MAS+40	Boothyvision	00:16:22	18.33	03:16
9	207	De Rooy	Andy	Grobbendonk	M9	MAS+50	Coyote Sports Team	00:16:38	18.04	03:19
10	184	Mans	Steve	Testelt	M10	MAS+40	SQM Running team	00:16:47	17.87	03:21
11	246	Vanlommel	Guy	Aarschot	M11	MAS+35		00:16:54	17.75	03:22
12	166	Artoos	Bent	Molenstede	M12	CAD	ROBA	00:17:30	17.14	03:30
13	2005	Wouters	Chriske	Diest	M13	MAS+50	SQM	00:17:36	17.05	03:31
14	167	Artoos	Tom	Molenstede	M14	MAS+45	ROBA	00:17:40	16.98	03:32
15	171	Cuyvers	Jonas	Tessenderlo	M15	JUN	De Windbrekers	00:17:48	16.85	03:33
16	173	De Vos	Tobias	Wezemaal	M16	CAD	ROBA	00:18:11	16.5	03:38
17	203	Verboven	Vincent	Zichem	M17	MAS+40	Blijven lopen s-z	00:18:12	16.48	03:38
18	208	Nulens	Jana	Diest	V1	SCH	ROBA	00:18:16	16.42	03:39
19	199	Van Santvoort	Thibo	Westerlo	M18	CAD	Achl	00:18:18	16.39	03:39
20	227	Hendrickx	Jannis	Diest	M19	SEN	Stad Diest	00:19:14	15.6	03:50
21	204	Verstraete	Liano	Kaggevinne	M20	CAD	ROBA	00:19:16	15.57	03:51
22	205	Weckx	Ferre	Kortenaken	M21	CAD	ROBA Diest	00:19:19	15.53	03:51
23	2006	Rouffa	Jurgen	Glabbeek	M22	MAS+50		00:19:23	15.48	03:52
24	239	Rijnders	Kasper	Ramsel	M23	SCH	ROBA	00:19:27	15.42	03:53
25	200	Vanderwaeren	Tim	Assent	M24	SEN		00:19:29	15.4	03:53
26	238	Rijnders	Jeroen	Ramsel	M25	MAS+45	ROBA	00:19:34	15.33	03:54
27	218	Cools	Benno	Averbode	M26	MIN	ROBA	00:19:36	15.31	03:55
28	169	Coenen	Emily	Nieuwrode	V2	MAS+40	ROBA	00:19:43	15.22	03:56
29	2019	Depré	Jeroen	Oplinter	M27	SEN		00:19:50	15.13	03:58
30	217	Geudens	Bernard	Westerlo	M28	SEN		00:20:36	14.56	04:07
31	180	Jonckers	Stef	Diest	M29	SCH	ROBA	00:20:42	14.49	04:08
32	175	Dendas	Jo	Diest	M30	MAS+45	ROBA	00:20:47	14.43	04:09
33	2017	Marteleur	Mischa	Langdorp	M31	MAS+50	Sportif Bike Team	00:20:57	14.32	04:11
34	228	Waterschoot	Eric	Lummen	M32	MAS+55	Stad Diest	00:21:20	14.06	04:16
35	2025	Vermaelen	Roan	Bekkevoort	M33	MIN	RCT	00:21:22	14.04	04:16
36	210	Saenen	Tom	Tessenderlo	M34	MAS+50	Bosvrienden	00:21:24	14.02	04:16
37	196	Utens	Erik	Kapellen	M35	MAS+45		00:21:27	13.99	04:17
38	219	Schroven	Geert	Tessenderlo	M36	MAS+45	GS Running	00:21:30	13.95	04:18
39	220	Boeckx	Katleen	Geel	V3	MAS+45	GS Running	00:21:32	13.93	04:18
40	243	Van Eylen	Davy	Gelrode	M37	SEN		00:21:36	13.89	04:19
41	231	Verherstraeten	Nick	Testelt	M38	MAS+35	De Dorpspomp	00:21:59	13.65	04:23
42	182	Maes	Nette	Rotselaar	V4	CAD	ROBA	00:22:09	13.54	04:25
43	183	Maes	Wim	Rotselaar	M39	MAS+40		00:22:41	13.23	04:32
44	233	Van der Gaast	Lore	Herk-de-Stad	V5	SEN	AV Toekomst	00:22:43	13.21	04:32
45	242	Vanderheyden	Kasper	Diest	M40	SEN		00:22:50	13.14	04:34
46	2015	Luts	Daniël	Engsbergen	M41	MAS+65	DCLA-Halen	00:22:57	13.07	04:35
47	236	Gijbels	Sashia	Lummen	V6	SEN		00:23:15	12.9	04:39
48	202	Verbeure	Filip	Molenstede	M42	MAS+50		00:23:48	12.61	04:45
49	192	Sterckx	Kristof	Tessenderlo	M43	MAS+40		00:23:56	12.53	04:47
50	191	Scheepers	Luk	Hasselt	M44	MAS+45	Hoeselt Run	00:24:01	12.49	04:48

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	2004	Geleyn	Thieu	Bekkevoort	M45	MAS+45	ROBA Diest	00:24:12	12.4	04:50
52	179	Janssen	Finne	Diest	V7	MIN	Roba Diest	00:24:14	12.38	04:50
53	216	Biesmans	Frederik	Diest	M46	MAS+40		00:24:25	12.29	04:53
54	235	Sijmus	Willy	Keerbergen	M47	MAS+70		00:24:27	12.27	04:53
55	188	Reijnkens	Marleen	Hasselt	V8	MAS+60	DCLA Halen	00:24:49	12.09	04:57
56	170	Cox	Benny	Hasselt	M48	MAS+65	DCLA Halen	00:24:51	12.07	04:58
57	213	Verstraete	Peter	Grathem (NL)	M49	MAS+55		00:25:05	11.96	05:01
58	211	Rombaux	Siebe	Rillaar	M50	SEN		00:25:21	11.83	05:04
59	187	Reijnders	Viraja	Lummen	M51	SEN		00:25:40	11.69	05:08
60	176	Dendas	Jolijn	Diest	V9	CAD	ROBA	00:25:45	11.65	05:09
61	245	Severens	Herman	Langdorp	M52	MAS+55	Kapsalon Luc	00:25:47	11.64	05:09
62	2007	Guldolf	Dries	Aarschot	M53	MAS+35	Sportiva Gelrode	00:26:02	11.52	05:12
63	237	Verstraeten	Lars	Zelem	M54	PUP	ROBA Diest	00:26:15	11.43	05:15
64	185	Mutert	Anna	Diest	V10	PUP	ROBA	00:26:17	11.41	05:15
65	232	Nuyts	Hans	Wezemaal	M55	MAS+45		00:26:23	11.37	05:16
66	226	Nuyts	Kristof	Diest	M56	MAS+45		00:26:24	11.36	05:16
67	189	Robert	Aur�lie	Glabbeek	V11	MAS+40		00:26:39	11.26	05:19
68	212	Rombaux	Eddy	Rillaar	M57	MAS+55	ROBA	00:26:46	11.21	05:21
69	178	Huyskens	Jana	Diest	V12	MAS+35		00:26:50	11.18	05:22
70	198	Van Lint	Lien	Geetbets	V13	MAS+50		00:26:51	11.17	05:22
71	186	Mutert	Kristof	Diest	M58	MAS+40		00:27:07	11.06	05:25
72	214	Bloemmen	Ulrike	Grathem (NL)	V14	MAS+45		00:28:01	10.71	05:36
73	209	Potemans	Roger	Gelrode	M59	MAS+70	Sportiva Gelrode	00:28:02	10.7	05:36
74	194	Timmers	Dorien	Molenstede	V15	MAS+35		00:28:06	10.68	05:37
75	2003	Amulius	Danny	Bekkevoort	M60	MAS+60		00:28:15	10.62	05:39
76	2018	Verstraeten	Annick	Langdorp	V16	MAS+50	Sportif Bike Team	00:28:32	10.51	05:42
77	2011	Van Dijck	Stefanie	Diest	V17	MAS+40	Roba Diest	00:28:53	10.39	05:46
78	2020	Mitsakos	Mari�lle	Diest	V18	CAD	Roba Diest	00:28:55	10.37	05:47
79	223	Verherstraeten	Raf	Herselt	M61	MAS+60	De Dorpspomp	00:30:22	9.88	06:04
80	201	Vandeweyer	Emmy	Schaffen	V19	SEN		00:31:06	9.65	06:13
81	2013	Celis	Hilde	Molenstede	V20	MAS+50		00:31:08	9.64	06:13
82	225	Roelants	Myriam	Wezemaal	V21	MAS+65		00:31:40	9.47	06:20
83	2001	Van Lier	Stefan	Tremelo	M62	MAS+65		00:32:01	9.37	06:24
84	195	Tuerlinckx	Jean-Luc	Schoonderbuken	M63	MAS+65	Kapsalon Luc	00:32:20	9.28	06:28
85	241	Van de Poel	Django	Tessengerlo	M64	KAN	ROBA Diest	00:32:35	9.21	06:31
86	177	Gelin	Greet	Kessel Lo	V22	MAS+55	Roba runners	00:32:37	9.2	06:31
87	240	Van nieuwerhove	Tineke	Tessengerlo	V23	MAS+40		00:32:38	9.19	06:31
88	250	Verboven	Marieke	Diest	V24	SEN		00:32:41	9.18	06:32
89	249	Merckx	Anna	Diest	V25	SEN		00:32:46	9.16	06:33
90	248	Schurmans	Lieselotte	Halen	V26	SEN		00:32:48	9.15	06:33
91	230	Hilven	Sander	Rotem	M65	SEN		00:34:00	8.82	06:48